

LESSON PLAN

Session: 2024-25

Paper: Elementary Home Science I (T)

Name of the faculty: Ms. Charu Panwar

Class: BA. 1st Sem Home Sc. (Minor)

Paper Code: B23HSC-103

Month	Week	Topics to be covered
July	25.07.24–27.07.24	No Lecture
	29.07.24- 3.08.24	Introduction to Home Science: Concept C Scope
August	5.08.24-10.08.24	Elements of art
	12.08.24-17.08.24	Elements of art (Continued)
	19.08.24-24.08.24	Principles of Art
	26.08.24-31.08.24	Classification of Food
	02.09.24-07.09.24	Function of Food C Balance Diet
September	16.09.24-21.09.24	Macro nutrients: Definition, classification, Sources, C Functions
	23.09.24-28.09.24	Daily requirements and deficiencies of Carbohydrate, Protein and Fat
October	07.10.24-12.10.24	Sessional Exam
	14.10.24-19.10.24	Textile Fiber and Classification
	21.10.24-26.10.24	Yarn: Definition, Types and Properties
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Weaving: Definition, Types and Variations
	11.11.24-16.11.24	Meaning, Definition, Scope and stages of Human Development
	18.11.24-23.11.24	Prenatal Development: Conception, Course of Prenatal Development

LESSON PLAN

Session: 2024-25

Class: BA. 1st Sem Home Sc. (Minor)

Paper: Elementary Home Science I (P)

Paper Code: B23-HSC-102

Name of the faculty: Ms. Charu Panwar

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction of subjects
	29.07.24- 3.08.24	Discuss requirements of Practical
August	5.08.24-10.08.24	Draw a color wheel of Primary colors
	12.08.24-17.08.24	Draw a color wheel of secondary colors
	19.08.24-24.08.24	Making of flower arrangements for different occasions- Fresh C Dry
	26.08.24-31.08.24	Continued....
	02.09.24-07.09.24	Making rangolis of different types Dry Color Rangoli
	16.09.24-21.09.24	Alpana, and Mandala
	23.09.24-28.09.24	One Decorative/utility article from waste material
	07.10.24-12.10.24	Study of weights and Measures – Raw and Cooked food (Rice, Dal, chapati, egg, seasonal vegetables and fruits etc.)
	14.10.24-19.10.24	Practice sewing Machine -Plain seam, run C fell seam
	21.10.24-26.10.24	-French seam
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Different necklines – Round C square
	11.11.24-16.11.24	Gathers, pleats,
	18.11.24-23.11.24	Tucks, Basic hand stitches for sewing

LESSON PLAN

Session: 2024-25

Class: BA. 1st Sem Home Sc. (MDC)

Paper: Basics of Home Science I

Paper Code: B23-HSC-103

Name of the faculty: Ms. Charu Panwar

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction of Home Science
	29.07.24- 3.08.24	Concept and it's Job Opportunities
August	5.08.24-10.08.24	Basic Terminology: Food, Nutrients, Nutrition, Health, Balanced Diet, Malnutrition (Over and Malnutrition)
	12.08.24-17.08.24	Classification and Function of Food
	19.08.24-24.08.24	Carbohydrate, Protein and Fat: Source, Function and Effect of Deficiencies
	26.08.24-31.08.24	Definition, Classification and Uses of Textile Fiber (Cotton, Jute, Wool, Silk, Rayon, Nylon and Polyester)
September	02.09.24-07.09.24	Yarn: Definition and Classification (Simple, Novelty and Complex)
	16.09.24-21.09.24	Sewing Machines: Parts, Function, Maintenance and care
	23.09.24-28.09.24	Human Growth and Development: Meaning, Concept, Factors influencing growth and development
October	07.10.24-12.10.24	Sessional Exam
	14.10.24-19.10.24	Developmental milestones of Infancy (0-2 Years) and Early Childhood (3-6 Years) -Physical and Motor Development -Social and Emotional Development -Cognitive and Language Development
	21.10.24-26.10.24	Resource Management- Definition and Importance
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Process of Time, Money and Energy Management
	11.11.24-16.11.24	Extension Education: Meaning and Importance
	18.11.24-23.11.24	Qualities of an Extension Worker

LESSON PLAN

Session: 2024-25

Class: BA. Home Sc. 3rd Sem (Major)

Name of the faculty: Ms. Charu Panwar

Paper Code: B23-HSC-301

Paper: Basics of Clothing Construction and Apparel Designing (T)

Month	Week	Topics to be covered
July	25.07.24 - 27.07.24	No Lecture
	29.07.24- 3.08.24	Importance of Apparel Designing C its Role in Personality Development - Application of Elements of Arts
August	5.08.24-10.08.24	- Principles of Design in Clothing Construction - Types of Design: Structural and Decorative
	12.08.24-17.08.24	- Wardrobe Planning: Principles, Steps involved and Importance - Weaving: Parts and Function of loom
	19.08.24-24.08.24	- Types of weaves: (pain, Twill and their Variation)
	26.08.24-31.08.24	- satin and Sateen weave - Knitting: Types, Characteristic and Stitches used in knitting
	02.09.24-07.09.24	Non-woven fabrics: Felting, Bonding, Netting, Braiding and Laces
	16.09.24-21.09.24	- Anthropometry: Definition, Importance and Equipment required - Types of Anthropometric measurements (Vertical, Horizontal and girth/round measurements)
	23.09.24-28.09.24	- Methods of Developing Design Pattern - Drafting: Drafting tools, Techniques and Advantages and Disadvantage of Drafting
	07.10.24-12.10.24	- Sessional Exam

October		<ul style="list-style-type: none"> - Paper Pattern: Types, Principles and Advantages and Disadvantage of Paper Pattern - Draping: Techniques of Draping, Advantages and Disadvantage of Draping
	14.10.24-19.10.24	<ul style="list-style-type: none"> - Preparation of Fabric: Preshrinking, Straightening the Grain, Pressing, Identify Face and Back, Square Up, Marking, spinning, Types of marking
	21.10.24-26.10.24	<ul style="list-style-type: none"> Methods and Precautions of cutting, sewing and finishing
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	<ul style="list-style-type: none"> - Fashion: Concepts, Importance - Terminology (Fad, Style, Classic, Silhouette, Vogue, Haute Couture, Niche, and Brand)
	11.11.24-16.11.24	<ul style="list-style-type: none"> - Fashion Cycle, and - Fashion Favoring and Retarding Factors
	18.11.24-23.11.24	<ul style="list-style-type: none"> - Figure Analysis and Fitting: Figure Types and Common Fitting Problems - Reasons of poor Fitting and their remedies

LESSON PLAN

Session: 2024-25

Class: BA. Home Sc. 3rd Sem (Major)

Name of the faculty: Ms. Charu Panwar

Paper Code: B23-HSC-301

Paper: Basics of Clothing Construction and Apparel Designing (P)

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Introduction to Sewing Machine
	29.07.24- 3.08.24	Prepare samples of different weaves; Demo of - Plain weave
August	5.08.24-10.08.24	-Rib Weave (Warp C Weft) C Basket weave
	12.08.24-17.08.24	- Twill weave C Satin weave
	19.08.24-24.08.24	Prepare samples of different embroideries - Stem stitch, Chain stitch, Feather stitch,
	26.08.24-31.08.24	- Satin stitch, Herringbone stitch
September	02.09.24-07.09.24	French knot stitch, lazy daisy stitch,
	16.09.24-21.09.24	Bullion stitch, Cross stitch,
	23.09.24-28.09.24	Cross stitch, C Long and short stitch
October	07.10.24-12.10.24	Prepare samples of basic knit stitch; Plain C Purl stitch
	14.10.24-19.10.24	Prepare samples of basic knit stitch; Plain C Purl stitch (Continued...)
	21.10.24-26.10.24	Drafting of Child's Bodice Block
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Drafting of Child's Sleeve Block
	11.11.24-16.11.24	Cutting C Stitching of Jhabla,
	18.11.24-23.11.24	Cutting and stitching of Bib C Nappy

LESSON PLAN

Session: 2024-25

Class: M.Sc. (CT) 3rd Sem

Name of the faculty: Ms. Charu Panwar

Paper Code: XV

Paper: Textile Testing and Quality Control (T)

Month	Week	Topics to be covered
July	25.07.24–27.07.24	-Objectives and Importance of Textile Testing
	29.07.24- 3.08.24	- Objectives And Importance of Textile testing (Continued)
August	5.08.24-10.08.24	-Importance of Standards - Different types of Standards
	12.08.24-17.08.24	- Introduction to internal bodies such as ISI, ASTM, BIS etc.
	19.08.24-24.08.24	Quality control of Textile Products: -Quality standards as applicable to various types of textiles (Garment Yardage, Knits, woven, carpets, Processing, Dyeing)
	26.08.24-31.08.24	Fiber testing: -Definition, Objectives and Methods of Testing <ul style="list-style-type: none">• Staple Length, Mean length, short fiber percentage,• Fineness, and Evenness
September	02.09.24-07.09.24-	-Methods of Testing: <ul style="list-style-type: none">• Maturity• Tensile Strength, Elongation at break Interpretation of results.
	16.09.24-21.09.24	Yarn Testing: -Definition, Objectives and Methods of Testing- <ul style="list-style-type: none">• Yarn Count, Denier,• Yarn Twist,• Diameter• Yarn Crimp

	23.09.24-28.09.24	- Methods of Testing: <ul style="list-style-type: none"> • Yarn Tensile Strength, Elongation at break, • Stress-Strain Curve
October	07.10.24-12.10.24	-Sessional Exam - Methods of Testing Yarn: <ul style="list-style-type: none"> • Elastic Recovery • Yarn appearance C Evenness • Cloth cover Interpretation of Results
	14.10.24-19.10.24	Fabric Testing: -Definition, Objective and Methods of Testing fabric: <ul style="list-style-type: none"> • Length, width, Bow C Skewness • Thread Count (ends and picks) • Weight, Thickness
	21.10.24-26.10.24	- Methods of Testing fabric: <ul style="list-style-type: none"> • Breaking Strength, Tear strength, Bursting strength • Abrasion resistance, Stiffness • Drapability • Pilling • Crease recovery • Hand Interpretation of results
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Thermal properties of Textile fibers -Porosity and air C water Permeability of fabrics, Thermal conductivity
	11.11.24-16.11.24	-Serviceability of Fabrics- service, wear abrasion, method of assessment
	18.11.24-23.11.24	-Garment Finishings- Color fastness, shrinkage -Concept of fabric faults as related to stages of manufacture C their remedies.

LESSON PLAN

Session: 2024-25

Class: M.Sc. (CT) 3rd Sem

Name of the faculty: Ms. Charu Panwar

Paper Code: XX

Paper: Textile Testing and Quality Control (P)

Month	Week	Topics to be covered
July	25.07.24–27.07.24 29..07.24- 3.08.24	Introduction of Textile Testing and How to sampling of test specimen
August	5.08.24-10.08.24	Yarn Test: -Yarn Count
	12.08.24-17.08.24	-Breaking Strength
	19.08.24-24.08.24	-Yarn Twist
	26.08.24-31.08.24	Fabric Analysis: -thread Count -fabric weight
September	02.09.24-07.09.24	-Fabric Thickness -abrasion resistance Tests
	16.09.24-21.09.24	-Fabric Strength Test (Tensile, Tear, Bursting)
	23.09.24-28.09.24	-Crease Recovery Test
October	07.10.24-12.10.24	Dimensional changes in Laundering (Shrinkage Test)
	14.10.24-19.10.24	- Fabric Stiffness Test
	21.10.24-26.10.24	Color Fasteners to -Laundering
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	-Crocking Test (Rubbing)
	11.11.24-16.11.24	Color fastener to Pressing (Dry C wet)
	18.11.24-23.11.24	Color fastener to Perspiration -Acid C Alkali

LESSON PLAN

Session 2024-25

Class: B.Sc. FD 1st Sem

Paper: Textile Science and Care (T)

Paper code: B23-FDS-103

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Fiber, yarn, fabric (intro), Terminology, textile fiber flow chart
August	1.08.24-03.08.24	Manmade and natural fibers
	05.08.24-10.08.24	Classification of fibers, properties of textile fibers
	12.08.24-17.08.24	Properties of textile fibers
	19.08.24-24.08.24	Cotton manufacturing
	26.08.24-31.09.24	Properties of cotton
September	02.09.24-07.09.24	Cotton chemical properties, test, silk manufacturing
	9.09.24-14.09.24	Silk properties
	16.09.24-21.09.24	Yarn types, yarn classification, test
	23.09.24-28.9.24	Wool, rayon, woolen & worsted yarn,
October	01.10.24-05-10.24	Filaments and spun yarn, fancy yarn types and uses
	07.10.24-12.10.24	Test of unit 2, physical properties of fabric
	14.10.24-19.10.24	Methods of determining the physical properties
	21.10.23-26.10.23	Revision and test of topic yarn properties
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD 1st Sem

Paper: Textile Science and Care (P)

Paper code: B23-FDS-103

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
August	1.08.24	Burning test experiment
	08.08.24	Visual and burning test performed
	15.08.24	Holiday
	22.08.24	Viscose, polyester experiment explained and written activity completed in lab
	29.08.24	Fresher's party
September	05.09.24	Teachers day
	12.09.24	Microscopic test cotton ,wool, silk
	19.09.24	Yarn count practical,
	26.09.24	Yarn ply, and color fastness
October	03.10.24	Submission of the file
	10.10.24	Evaluation of crimp and Twist in yarn
	17.10.24	Remove of different stains from fabric surface
	24.10.23	Washing and finishing of fabric made of cotton
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: M.Sc. FD 1st Sem

Paper: Textile Chemistry(T)

Paper code: M24-CLT-103

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
August	07.08.24-10.08.24	Introduction to textile chemistry,
	05.08.24-10.08.24	Cotton cellulosic fiber, introduction & types
	12.08.24-17.08.24	Polymer, methods of polymerization, monomer, co-polymer, X-ray
	19.08.24-24.08.24	Orientation and crystallinity of polymer, X-ray (revision)
	26.08.24-31.09.24	Rayon, rayon types
September	02.09.24-07.09.24	Rayon properties and chemical structure
	9.09.24-14.09.24	Wool, manufacturing and types, properties
	16.09.24-21.09.24	Finishing, singeing, calendaring, etc
	23.09.24-28.9.24	Nylon 6 and 66, special purpose finishing, chemical finishing
October	01.10.24-05-10.24	Jute, scouring, bleaching
	07.10.24-12.10.24	Revision and test
	14.10.24-19.10.24	New development in fiber manufacturing
	21.10.23-26.10.23	Synthetic fibers
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: M.Sc. 1st Sem

Paper: Fiber Identification and its Analysis (P)

Paper code: M24-CLT-106

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
August	1.08.24-03.08.24	Identification of fiber: -visual, burning
	05.08.24-10.08.24	Identification of fiber: -solubility.
	12.08.24-17.08.24	Bleaching of cotton
	19.08.24-24.08.24	Scouring of cotton
	26.08.24-31.09.24	Direct dye shade card
September	02.09.24-07.09.24	Basic dye of silk
	9.09.24-14.09.24	Acid dye on silk
	16.09.24-21.09.24	Effect of degumming of silk
	23.09.24-28.9.24	Block printing
October	01.10.24-05-10.24	Screen printing
	07.10.24-12.10.24	Qualitative and quantitative analysis of binary blend
	14.10.24-19.10.24	Qualitative and quantitative analysis of binary blend
	21.10.23-26.10.23	Submission of file
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: M.Sc. CT 3rd Sem

Paper: Social and psychological Aspects of Clothing (T)

Paper code: XIX

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
August	1.08.24-03.08.24	Course training Delhi
	05.08.24-10.08.24	Course training Delhi
	12.08.24-17.08.24	Origin of Clothing
	19.08.24-24.08.24	Theories of Clothing rd.
	26.08.24-31.09.24	Physical health, Mental health
September	02.09.24-07.09.24	Personality and self-concept, motivation, behavior and clothing choices
	9.09.24-14.09.24	Clothing and Society, social behavior, clothing and first impression
	16.09.24-21.09.24	Uniform in school, clothes and occupation, clothes and conformity
	23.09.24-28.9.24	Clothing influenced by religion, color impact
October	01.10.24-05-10.24	Revision of unit first and test
	07.10.24-12.10.24	Individual values, intrests and attitude related to clothing
	14.10.24-19.10.24	Practices and effect and clothing on the individual
	21.10.23-26.10.23	Revision and notes doubts
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: M.Sc. CT 3rd Sem

Paper: Dyeing in Textile (T)

Paper code: XVII

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
September	16.09.24-21.09.24	Scouring, bleaching, desizing, reagents, auxiliaries, batik
	23.09.24-28.9.24	Dyes, classification, color and chemical constitution, direct , reactive, vat , azo , sulphur ,acid , basic dye ,tye and dye
October	01.10.24-05-10.24	Defects of dye , level and cross dyeing ,advances in dyes and dyeing technology
	07.10.24-12.10.24	Dyeing with natural dyes
	14.10.24-19.10.24	Equipment used at cottage industry for yarn , fabric
	21.10.23-26.10.23	Special preparatory steps , machines for dyeing
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: M.Sc. CT 3rd Sem

Paper: Dyeing in Textile (P)

Paper code: XXI

Name of the faculty: Mrs. Divi Pathak

Month	Week	Topics to be covered
September	16.09.24-21.09.24	Introduction and steps for article (saree ,made by tie and dye), scouring ,bleaching
	23.09.24-28.9.24	Dyeing of yarn and fabric with different fiber blends shade card, 5 samples od different design in single color
October	01.10.24-05-10.24	5 samples of different design with two color ,batik
	07.10.24-12.10.24	Batik article to be made , submission of file and saree article
	14.10.24-19.10.24	Training report(steps to cover in training for 1 week in dyeing unit)
	21.10.23-26.10.23	DE sizing , extra designs and submission of file and final articles
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. (F.D)-3rd year

Paper: Pattern making

Paper code: 301

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus
	29.07.24- 3.08.24	Terminology
August	01.08.24-05.08.24	Test fit of different patterns on dress form
	5.08.24-10.08.24	Preparation of basic blocks – drafting of Child basic block, drafting of men’s bodice block.
	12.08.24-17.08.24	Drafting of women bodice block.
	19.08.24-24.08.24	Developing patterns - single dart, multiple dart
	26.08.24-31.08.24	Dart manipulation from armhole, dart manipulation from shoulder, dart manipulation from side seems
September	02.09.24-07.09.24	Princess line, Yokes- straight yoke, v- shape yoke, round yoke
	16.09.24-21.09.24	Adding fullness- gathers, pleats & tucks.
	23.09.24-28.09.24	Contouring pattern – wrap near, off shoulder, halter neck & cowl neck
October	07.10.24-12.10.24	Draping of basic bodice block- front and back
	14.10.24-19.10.24	Draping of top with halter
	21.10.24-26.10.24	Revision
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Draping of top with off shoulder design
	11.11.24-16.11.24	Draping of top with princess line
	18.11.24-23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: M.Sc. (CT)3rd Sem

Paper: Fashion marketing

Paper code: XVIII

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus
	29..07.24- 30.08.24	Dynamics of fashion and adoption theories
August	01.08.24-05.08.24	Fashion terminology, fashion cycle, fashion forecasting
	5.08.24-10.08.24	The role of designers in merchandising.
	12:08:24-17:08:24	Introduction to fashion marketing terms, activities involved in marketing distributionchannels, supply chain
	19.08.24-24.08.24	strategy- strategy for pricing, distribution, promotion, branding etc.
	26.08.24-31.08.24	Revision and test
September	02.09.24-07.09.24	Concept of Retailing Definitions, history, Types of Retailing & retail stores.
	08.09.24-15.09.24	Planning and budgeting for retail store –maintenance and ordering of stocks preparation of sales reports.
	16.09.24-21.09.24	Recruitment and management of sales force, personal selling as mean of promotion
	23.09.24-28.09.24	Introduction to visual merchandising Plans and schedule: Seasons, Holiday promotions, sales, themes / ideas and many further types of display Assignments and presentation
October	07.10.24-12.10.24	Sales promotion Techniques- advertising, publicity & personal selling Conditional test
	14.10.24-19.10.24	Method of sale promotion –(i) Brand (ii) standard (iii) Labelling (iv) Fashion show (v) Exhibition (vi) Display

	21.10.24-26.10.24	Elements of display – the merchandise, the backdrop walls and shelves, mannequins and forms signage lightning – illuminance levels relations to color
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Introduction and history of Apparel brands Study of Advances in fashion marketing
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision

LESSON PLAN

Session 2024-25

Class: M.Sc. (CT) 3rd Sem

Paper: Apparel And Textile Designing (Practical)

Paper code: XXII

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus.
	29.07.24- 3.08.24	Introduction to Apparel and Textile designing
August	01.08.24-05.08.24	Geometrical design development – enlarging, reducing and placement for allover pattern.
	5.08.24-10.08.24	Naturalized design development – enlarging, reducing and placement for allover pattern.
	12.08.24-17.08.24	Stylized design development – enlarging, reducing and placement for allover pattern.
	19.08.24-24.08.24	Traditional design development – enlarging, reducing and placement for allover pattern.
	26.08.24-31.08.24	Collection of fabric samples showing different textile designing techniques- printing, dyeing, weaving, trimming (sequence, beads etc.)
September	02.09.24-07.09.24-	Collection of fabric sample – embroidery, combinations (eg. Printing + embroidery etc), finishes glazing, napping, crep, parchmentising etc)
	16.09.24-21.09.24	Scrap book of dress designs for different figure.
	23.09.24-28.09.24	Scrap book of dress designs for different occasion
October	07.10.24-12.10.24	Scrap book of dress designs for different season.
	14.10.24-19.10.24	Scrap book of dress designs for different age
	21.10.24-26.10.24	Scrap book of dress designs for different occupation.
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Market dress survey of trimming & collection of trimming samples
	11.11.24-16.11.24	Revision

November	18.11.24-23.11.24	Revision
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LESSON PLAN

Session: 2024-25

Class: M.Sc. (CT)3rd Sem

Paper: Apparel manufacturing technologies

Paper code:302

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus
	29..07.24- 3.08.24	Apparel manufacturing technologies
August	01.08.24-05.08.24	Introduction to entrepreneurship development-step in setting up an enterprise, Work flow and brief study of various apparel manufacturing unit.
	5.08.24-10.08.24	Introduction to quality control-definition, importance of quality assurance, stages of quality control in apparel industry.
	12:08:24-17:08:24	Garment inspection using different methods
	19.08.24-24.08.24	Packaging- introduction, Importance and Details of material used in packaging, Assignment and presentation.
	26.08.24-31.08.24	Revision and test
September	02.09.24-07.09.24	Introduction to care labels, care labelling system, eco labelling
	16.09.24-21.09.24	Application of quality assurance programs in fabric department, cutting department
	23.09.24-28.09.24	Application of quality assurance programs in production department and finishing department.
October	07.10.24-12.10.24	Revision and conditional test
	14.10.24-19.10.24	Different types of Industrial sewing machines, and special purpose machine - introduction, uses

	21.10.24-26.10.24	Revision
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Different types of Industrial sewing machines, and their uses Special purpose machines
	11.11.24-16.11.24	Visit to an industry to impart knowledge about (a) industrial sewing machine (b) special purpose machine
	18.11.24-23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: B.Sc. (FD)5th Sem

Paper: History of world costume

Paper Code: 301

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus.
	29.07.24- 3.08.24	Babylonia period -Introduction, history, men costume, women costume
August	01.08.24-05.08.24	Assyria period -Introduction, history, men costume, women costume.
	5.08.24-10.08.24	Egyptian period - Introduction, history, men costume, women costume.
	12.08.24-17.08.24	Crete period –Introduction, history, men costume women costume
	19.08.24-24.08.24	Revise
	26.08.24-31.08.24	Revision and test, Assignment and presentation
September	02.09.24-07.09.24-	Roman period – introduction history, men costume women costume
	16.09.24-21.09.24	Roman period – history, men costume, women costume (Revision)
	23.09.24-28.09.24	Byzantine period – introduction, history, men costume women costume.
October	07.10.24-12.10.24	Revision and conditional test
	14.10.24-19.10.24	French period – Middle Ages
	21.10.24-26.10.24	Renaissance, French revolution
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Romantic period
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: BFD sem-III

Paper: Indian Traditional Art

Paper code: B23-FDS-301

Name of the faculty: Karishma

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Introduction to the syllabus
	29.07.24- 3.08.24	Introduction to the basic embroidery
August	01.08.24-05.08.24	Running stitches , back stitch,
	5.08.24-10.08.24	Bullion knot , French knot
	12.08.24-17.08.24	Button hole stitch, chain stitch
	19.08.24-24.08.24	Lazy dazy , stem stitch, Harring bone , mirror work
	26.08.24-31.08.24	Stencil printing
September	02.09.24-07.09.24-	Fabric painting
	16.09.24-21.09.24	Kasuti of Karnataka Chikankari of Uttar Pradesh
	23.09.24-28.09.24	Kantha of Bengal
October	07.10.24-12.10.24	Kashida of Kashmir
	14.10.24-19.10.24	Phulkari of punjaab
	21.10.24-26.10.24	Sindhi of sindh
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Tie and dye Batic
	11.11.24-16.11.24	Block printing
	18.11.24-23.11.24	Screen painting

LESSON PLAN

Session 2024-25

Class: B.Sc. FD1st Sem

Paper: Basics of design & illustrations

Paper code: B23- FD-101

Name of the faculty: Mansi Sharma

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Introduction to art media and its application
	29.07.24-3.08.24	Different art media like pencil color , caryons , poster colours , eraser , acrylic rendering and shading Skills
August	5.08.24-10.08.24	Elements of art and design - line, form , shape , space , size, texture , color.
	12.08.24-17.08.24	Colour, dimension of colour, hue, value, intensity, colour schemes.
	19.08.24-24.08.24	Importance and application of colour
	26.08.24-31.08.24	Again, define colour wheel in detail
September	02.09.24-07.09.24	Introduction and brief history of fashion illustration
	09.09.24-14.09.24	Principal of design- harmony, proportion, balance.
	16.09.24-21.09.24	Elements of design- rhythm and emphasis.
	23.09.24-28.09.24	Again, define colour wheel in detail
October	30.09.24-05-10.24	Definition of design and it's types
	07.10.24-12.10.24	Fashion model drawing- Basic human proportion
	14.10.24-19.10.24	Revision and tests
	21.10.24-26.10.24	Test
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Body figures, shapes and sketching postures
	11.11.24-16.11.24	Optical illusions created through elements of art and principles of design
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: B.Sc. FD1st Sem

Paper: Basics of design & illustrations (Practical)

Paper code: B23- FD-101

Name of the faculty: Mansi Sharma

Month	Week	Topics to be covered
July	25.07.24-27.07.24	The basic drawing and rendering of equipment using pencil, crayons, pencil colour.
	29.07.24-3.08.24	The basic drawing and rendering of equipment using poster colours, water colour.
August	5.08.24-10.08.24	Designing of following motifs and it's type in different colour ways <ul style="list-style-type: none"> • Geometrical • Realistic
	12.08.24-17.08.24	Creation of motifs using different form and shapes
	19.08.24-24.08.24	Sketching of: <ul style="list-style-type: none"> • Eyes, nose, lips
	26.08.24-31.08.24	Sketching of: <ul style="list-style-type: none"> • Caps and hairstyle
September	02.09.24-07.09.24	Designing of following motifs: <ul style="list-style-type: none"> • Natural, stylized
	09.09.24-14.09.24	Designing of following motifs and its types in different colour ways <ul style="list-style-type: none"> • Vertical • Horizontal • Diagonal
	16.09.24-21.09.24	Motif of all over and half drop design
	23.09.24-28.09.24	Preparation of colour wheel
	30.09.24-05-10.24	Preparation of grey scale and colour schemes
	07.10.24-12.10.24	Preparation of tints and shades.
October	14.10.24-19.10.24	Figure stylization – illustrations – Basic croquie, division of the body to make the 8, 10, 12 head croquie
	21.10.24-26.10.24	Figure of front side and ¼ th profile
	Vacations	27.10.24-03.11.24

November	04.11.24-09.11.24	Figure in motion – normal standing, walking, running and sitting.
	11.11.24-16.11.24	Figure drawing in S, T, X, Y poses
	18.11.24-23.11.24	Revision

LESSON PLAN

Session 2024-25

Class: B.Sc. FD 3rd Sem

Paper: Branding and sales promotion

Paper code: B23- FDS-304

Name of the faculty: Mansi Sharma

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Meaning, definition and importance of branding in fashion industry
	29.07.24-3.08.24	Fashion branding (FAQ)
August	5.08.24-10.08.24	Creating content for fashion brand.
	12.08.24-17.08.24	Building a brand (step by step guide)
	19.08.24-24.08.24	Brand Management: <ul style="list-style-type: none"> • Steps and technique
	26.08.24-31.08.24	<ul style="list-style-type: none"> • Rules of Branding
September	02.09.24-07.09.24	Revision and tests
	09.09.24-14.09.24	Benefits of building a strong Brand Components of sales promotion
	16.09.24-21.09.24	Pillars of Branding explain in detail
	23.09.24-28.09.24	Sales Promotion: <ul style="list-style-type: none"> • Definition and importance of Sales Promotion
October	30.09.24-05-10.24	Revision and tests
	07.10.24-12.10.24	Various Sale promotion techniques and methods
	14.10.24-19.10.24	Factors affecting and retarding sales promotion
	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Goals of sales promotion: <ul style="list-style-type: none"> • Marketing and Branding together
	11.11.24-16.11.24	<ul style="list-style-type: none"> • Various government policies of branding • Role of branding in promoting sales
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: B.Sc. FD 5th Sem

Paper: Pattern & marker Making on computer (Practical)

Paper code: 303

Name of the faculty: Mansi Sharma

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Sloper development for bodice-block with basic sleeve block,
	29.07.24-3.08.24	Sloper development for Trouser
August	5.08.24-10.08.24	Sloper development for shirt
	12.08.24-17.08.24	Revision and tests
	19.08.24-24.08.24	Sloper development for one piece dress
	26.08.24-31.08.24	Manipulation of single dart series.
September	02.09.24-07.09.24	Revision and tests
	09.09.24-14.09.24	Seams and seams allowances.
	16.09.24-21.09.24	Basic principles of marker making on computer (cutting and layout)
	23.09.24-28.09.24	Cross marking and notching
October	30.09.24-05-10.24	Revision and tests
	07.10.24-12.10.24	File submitting
	14.10.24-19.10.24	Manipulating grain line
	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Grading on bodies block
	11.11.24-16.11.24	Practice exercises
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session: 2024-25

Class: MSc (Clothing and textile) 1st Sem

Paper: Historic textile costume

Paper code: M24-CLT-101

Name of the faculty: Mansi Sharma

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Study of Traditional Textiles of India <ul style="list-style-type: none"> • Patolas of Gujarat
	29.07.24-3.08.24	<ul style="list-style-type: none"> • 1.2 Bandhani of Rajasthan • 13 Shawls & carpets of Kashmir
August	5.08.24-10.08.24	1.4 Brocades of Banaras 1.5 Kalamkari of AP
	12.08.24-17.08.24	Revision and tests
	19.08.24-24.08.24	Patchitra of Orissa & Madhubani paintings 1.7 Few other famous textiles like Mulmul of Dacca, Jamdani.
	26.08.24-31.08.24	Traditional Sarees of India 2.1 Ikat sarees of Orissa
September	02.09.24-07.09.24	Revision and tests
	09.09.24-14.09.24	Maheshwari&chanderi of Madhya Pradesh Patola, Kanjivaram, Kanchipuram, Jamdani
	16.09.24-21.09.24	<ul style="list-style-type: none"> • Paithani • Kanjivaram
	23.09.24-28.09.24	Kanjivaram
October	30.09.24-05-10.24	Revision and tests
	07.10.24-12.10.24	2.9 Sidipeth 2.10 Narayanpeth 2.11 Pochampalli 2.12 Bandhni 2.13 Banaras brocade sarees
	14.10.24-19.10.24	2.14 Gadwal 2.15 Gharchola 2.16 Vichitrapur 2.17 Gari 2.18 Tanchol.
	21.10.24-26.10.24	3. Development of Resist dyeing in Indonesia. 4. Development of weaving in India and England. 5. Study of traditional costumes of different states of India in relation to fabrics, motifs and other related accessories.

Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Ancient Indian Dresses: Dress of sof Aryans. Dress during 1100 1100 AD to 1730 AD (Islamic Influence) Dress during 1730 AD to 1947 AD (British Period)
	11.11.24-16.11.24	7.1 ASIA (a) Babylonia (b) Persia (c) Assyria 7.2 Europe (a) Greece (b) Rome (c) Byzantine (d) France 7.3 Africa Egypt (b) Coptic
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: B.Sc. HSc. 1st Sem

Paper: Fundamentals of clothing and Textiles

Paper code: B23-HSC-102

Name of the faculty: Sandeep Reen

Month	Week	Topics to be covered
July	25.07.24 - 27.07.24	Introduction to NEp syllabus and courses criteria of exam and introduction to the paper, Book to be followed orientation of students, Importance of clothing and textiles group discussion on the same
	29.07.24 - 3.08.24	Fashion definition and theories Factors affecting fashion, Basic terminology used in fashion and clothing
August	5.08.24-10.08.24	Sources of fashion and their examples, Textiles fibre definition classification Fibre, filament twist count, Supplies and equipment used in clothing, Terminology, parts of sewing machine care and maintenance
	12.08.24-17.08.24	Faults and remedies of sewing machine and different types of machines used at Industrial level Unit -2 Factors to be considered in selecting clothing, clothing for infant's toddler and preschoolers
	19.08.24-24.08.24	Selection of clothes for preschool children, elementary school students, pregnant ladies and lactating mothers
	26.08.24-31.08.24	Introducing homemade tailor made and ready-made garments. Group discussion on the comparison of three categories their advantage and disadvantages in detail with examples assigned assignment submissions on same topic
September	02.09.24-07.09.24	Revision of terminology Textile fibre definition and classification of fibre Natural and Manmade fibres properties and manufacturing of cotton
	16.09.24-21.09.24	Wool and silk manufacturing and properties Nylon, rayon complete
	23.09.24-28.09.24	Polyester fibre manufacturing and property Comparison natural and manmade fibres
October	07.10.24-12.10.24	Yarn definition and process of yarn making, S Twist Z Twist meaning features examples
	14.10.24-19.10.24	Mechanical chemical spinning wet and dry spinning methods
	21.10.24-26.10.24	Youth festival, yarn types and properties of yarns completed

Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Notes compiled for unit 4
	11.11.24-16.11.24	Revision and tests
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: B.Sc. HSc. 3rd Sem

Paper: Basics of clothing construction and apparel designing Paper code: B23-HSC-301

Name of the faculty: Sandeep Reen

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Importance of apparel designing and its role in personality development group discussion on same
	29..07.24- 3.08.24	Assignment submission
August	5.08.24-10.08.24	Elements of design, principles of design, in clothing construction,
	12.08.24-17.08.24	Types of design
	19.08.24-24.08.24	Structural and decorative and further classification of types
	26.08.24-31.08.24	Wardrobe planning, Principles-steps involved in wardrobe planning and Importance of ward robe planning
September	02.09.24-07.09.24	Fabric construction weaving definition types of weaves their examples Loom its functions and various parts of loom
	16.09.24-21.09.24	Knitting Types, characteristics of knitting and stitches used in knitting types Non wovens Felting Bonding Netting Braiding laces
	23.09.24-28.09.24	Anthropometry definition and importance equipment used and types of Anthropometric measurements, Care to be taken while taking body measurements
October	07.10.24-12.10.24	Methods of developing patterns drafting tools advantage and disadvantage paper pattern and draping types principles advantage and disadvantage
	14.10.24-19.10.24	Preparation of fabric's preshrinking straightening of grains pressing identifying face of fabric square up marking pinning and types of markings methods of cutting sewing and finishing and care precautions to be taken at the same time
	21.10.24-26.10.24	Youth festival preparations and revision tests given in class
Vacations	27.10.24-03.11.24	Diwali Vacations

November	04.11.24-09.11.24	Fashion concept importance and terminology, fashion cycle factors favouring and retarding fashion figure analysis and types fitting problems and remedies
	11.11.24-16.11.24	Revision of last topics unit 4
	18.11.24-23.11.24	Compiling notes and schedule of tests

LESSON PLAN

Session: 2024-25

Class: B.Sc. H. Sc. 5th Sem

Paper: Advance apparel textile designing practical

Paper Code: 302

Name of the faculty: Sandeep Reen

Month	Week	Topics to be covered
July	25.07.24–27.07.24	Lady’s shirt drafting cutting stitching
	29.07.24- 3.08.24	Salwar without belt stitching and drafting
August	19.08.24-24.08.24	Tie dye techniques making of samples,Dupatta tieing using three techniques and two colours
	26.08.24-31.08.24	Block printing sample and article done
September	02.09.24-07.09.24	Drafting of churidar pyjamas cutting and stitching
	16.09.24-21.09.24	Screen demonstrations given in lab selection of motifs for screen and preparation of same
	23.09.24-28.09.24	Screen printing articles done in lab 1
October	07.10.24-12.10.24	Draft of nightie cutting and stitching of same
	14.10.24-19.10.24	Stencil printing demonstrations given and articles prepared
	21.10.24-26.10.24	Submission of files and articles after Diwali break
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	File compilation article signed
	11.11.24-16.11.24	Submission and checking
	18.11.24-23.11.24	Submission and checking

LESSON PLAN

Session: 2024-25

Class: B.Sc. H. Sc. 5th Sem

Paper: Advance Apparel & Textile Designing

Paper code: 302

Name of the faculty: Sandeep Reen

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Common fitting problems & their remedies stencil printing demonstration given
	29.07.24-03.08.24	Fashion Importance and meaning of Fashion, Fashion terms introduced, Introduction to tie and dye techniques
August	5.08.24-10.08.24	Demonstration on tie and dye .for making of samples and articles using different techy
	12.08.24-17.08.24	Fashion in dress ,definition of fashion,fashion theory and factors affecting fashion.fashion cycle complete
	19.08.24-24.08.24	Dupatta tieing using different 3 techniques and two colours ,Body proportions & different figure types
	26.08.24-31.08.24	Figures analysis & selecting a dress according to different figure types drafting of lady's suit salwar kamiz
September	09.09.24-14.09.24	Different printing articles to be submitted
	16.09.24-21.09.24	Reasons for poor fitting, complete unit 1
	23.09.24-28.09.24	Block and screen printing demonstration given along with theory, Meaning and importance of Textiles designing
October	30.09.24-05.10.24	Dyeing: Classification and types of dyes
	07.10.24-12.10.24	Household dyeing process classification & faults
	14.10.24-19.10.24	Resist dyeing tie & dye and batik dyeing explained different effects of same drafting and cutting of churidar pyjama
	21.10.24-26.10.24	Printing definition and classes drafting of nightie done batik demonstration given
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Machine printing
	11.11.24-16.11.24	Hand printing and it's types
	18.11.24-23.11.24	Test revision Home science national Seminar

LESSON PLAN

Session: 2024-25

Class: B.Sc. FD1st Sem

Paper: Basics of sewing (T)

Paper code: B23- FDS-102

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Introduction to sewing
August	1.08.24-03.08.24	Terminology
	05.08.24-10.08.24	Sewing machine parts and its functions
	12.08.24-17.08.24	Threading a machine, common problems and methods to over come
	19.08.24-24.08.24	Introduction to industrial sewing machine, its function
	26.08.24-31.09.24	Temporary and permanent stitches
September	02.09.24-07.09.24	Marking terminologies and symbols
	9.09.24-14.09.24	Seams and seam finishes, type of seam finishes
	16.09.24-21.09.24	Details to control fabric, fullness and its types
	23.09.24-28.9.24	Yokes definition purpose with and without fullness
October	01.10.24-05-10.24	Sleeves
	07.10.24-12.10.24	collars
	14.10.24-19.10.24	Different type of pockets
	21.10.23-26.10.23	Different type of skirts
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD1st Sem

Paper: Basics of sewing (P)

Paper code: B23- FDS-102

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Sample making temporary stitches
August	1.08.24-03.08.24	Sample making permanent stitches
	05.08.24-10.08.24	Seams – counter, lapped, run n fell
	12.08.24-17.08.24	Finishes
	19.08.24-24.08.24	Facing
	26.08.24-31.09.24	Sample making of pleats
September	02.09.24-07.09.24	Sample making of Darts
	9.09.24-14.09.24	Necklines different
	16.09.24-21.09.24	Tucks
	23.09.24-28.9.24	Gathers
October	01.10.24-05-10.24	Plackets
	07.10.24-12.10.24	Submission of work
	14.10.24-19.10.24	Pockets
	21.10.23-26.10.23	Fasteners, zippers
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-25

Class: B.Sc. FD 1st Sem

Paper: Women clothing –I (T)

Paper code: B23-FDS-302

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Body measurements
August	1.08.24-03.08.24	General principles of clothing
	05.08.24-10.08.24	Factors affecting clothing requirements
	12.08.24-17.08.24	Selection of fabric for different garments
	19.08.24-24.08.24	Handling of special fabrics such as plaid, checks, stripes etc
	26.08.24-31.09.24	Types of fitting problems, factors and problems
September	02.09.24-07.09.24	Clothing of women for different occasion Importance of scarves in women clothing
	9.09.24-14.09.24	Importance of accessories in women clothing
	16.09.24-21.09.24	Planning assembly of women's wear. Assessing quality at various stages of garment assembly
	23.09.24-28.9.24	Revision
October	01.10.24-05-10.24	Classification of women's wear
	07.10.24-12.10.24	Brands in women's wear
	14.10.24-19.10.24	Assignment
	21.10.23-26.10.23	Revision
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-25

Class: B.Sc. FD1st Sem

Paper: Women clothing –I (P)

Paper code: B23- FDS-302

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Drafting of basic skirt block
August	1.08.24-03.08.24	Preparation of different types of skirt A-line skirt Circular skirt Gored skirt
	05.08.24-10.08.24	Drafting of petticoat
	12.08.24-17.08.24	Construction of petticoat
	19.08.24-24.08.24	Drafting of kameez
	26.08.24-31.09.24	Construction of kameez
September	02.09.24-07.09.24	Submission of file
	9.09.24-14.09.24	Submission of article
	16.09.24-21.09.24	Drafting of any type of salwar
	23.09.24-28.9.24	Construction of salwar
October	01.10.24-05-10.24	Drafting of simple plazo / sharara
	07.10.24-12.10.24	Construction of plazo
	14.10.24-19.10.24	Submission of file
	21.10.23-26.10.23	Submission of article
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD1st Sem

Paper: Apparel Production Technique

Paper code: B23- FDS-303

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Apparel production process Pattern, grading, and marker making
August	1.08.24-03.08.24	Spreading Cutting Ticketing
	05.08.24-10.08.24	Finishing Quality checking
	12.08.24-17.08.24	Spreading and cutting operation, machine and their function Marker planning: drawing & reproduction of the marker.
	19.08.24-24.08.24	Spreading of the fabric to form a lay cutting of the fabric
	26.08.24-31.09.24	Sorting, numbering, ticketing, bundling
September	02.09.24-07.09.24	Stitching operations with its specialized machines Components of sewing: needle, throat plate, feed dog and threads etc.
	9.09.24-14.09.24	Seam types: classification Stitch types: classification
	16.09.24-21.09.24	Sewing machine needles and threads
	23.09.24-28.9.24	Sewing machines: single lock machines, buttonhole & buttoning machine, bar tacking.
October	01.10.24-05-10.24	Finishing & packaging Importance of pressing

		Equipment for pressing
	07.10.24-12.10.24	Fusing Machinery & requirements of fusing, attaching buttons
	14.10.24-19.10.24	Packaging shipping and merchandising, labels
	21.10.23-26.10.23	Packaging tags and fasteners, final touches
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-25

Class: B.Sc. FD-3rd Sem

Paper: Apparel production Techniques (P)

Paper code: B23- FDS-303

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Body ideals, infants, children, man, woman
August	1.08.24-03.08.24	Basic blocks front back
	05.08.24-10.08.24	Basic blocks sleeve, skirt
	12.08.24-17.08.24	Basic block trouser for woman
	19.08.24-24.08.24	Developing drafts for men garments, trouser
	26.08.24-31.09.24	Introduction to grading
September	02.09.24-07.09.24	Developments of variation in sleeves and bodies
	9.09.24-14.09.24	Production of grading block, sleeves
	16.09.24-21.09.24	Production of grading block skirt and trouser
	23.09.24-28.9.24	Fasteners, placket, center button closing
October	01.10.24-05-10.24	Submission of samples
	07.10.24-12.10.24	Asymmetrical closing
	14.10.24-19.10.24	Revision
	21.10.23-26.10.23	Revision of syllabus
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD-3rd Sem

Paper: Branding and Sales Promotion(P)

Paper code: B23- FDS-304

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Window display illustration
August	1.08.24-03.08.24	Brand tags collection
	05.08.24-10.08.24	Fabric survey
	12.08.24-17.08.24	Timers and fasteners survey
	19.08.24-24.08.24	Notice board display
	26.08.24-31.09.24	Submission
September	02.09.24-07.09.24	Brand showroom survey
	9.09.24-14.09.24	Layout designs
	16.09.24-21.09.24	Illustration work submission
	23.09.24-28.9.24	Fabric survey submission
October	01.10.24-05-10.24	Brands tags submission
	07.10.24-12.10.24	File submission
	14.10.24-19.10.24	File submission
	21.10.23-26.10.23	Revision
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD-3rd Sem

Paper: Advance apparel construction (T)

Paper code: M24-CLT-102

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Detailed study of industrial mechanism and equipment used for: cutting Sewing
August	1.08.24-03.08.24	Finishing Embellishment
	05.08.24-10.08.24	Study the interrelationship of needle, thread, stitches length & fabric
	12.08.24-17.08.24	Buying criteria for: knits, silks, denim & other special fabrics
	19.08.24-24.08.24	Readymade garments.
	26.08.24-31.09.24	Methods of pattern making Drafting
September	02.09.24-07.09.24	Flat pattern
	9.09.24-14.09.24	Draping
	16.09.24-21.09.24	Developing paper patterns: Understanding the commercial paper pattern
	23.09.24-28.9.24	Fitting – factors affecting good fit, common problems encountered and remedies for fitting defects (upper and lower garments)
October	01.10.24-05-10.24	Clothing for people with special needs. Maternity and lactation period Old age Physically challenged

	07.10.24-12.10.24	Overview of the apparel industry History of apparel industry Mass- production process Costing
	14.10.24-19.10.24	Evaluating the quality of apparel Testing & inspection
	21.10.23-26.10.23	Quality specification and standards in cutting sewing, supplies finishing & packaging.
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session 2024-25

Class: B.Sc. FD1st Sem

Paper: Garments construction techniques (P)

Paper code: B23- FD-101

Name of the faculty: Simranpreet Kaur

Month	Week	Topics to be covered
July	25.07.24-31.07.24	Design through flat pattern-dart manipulation
August	1.08.24-03.08.24	Development of variation in sleeve, sleeve and bodice combination
	05.08.24-10.08.24	Plackets, Center button closing
	12.08.24-17.08.24	Asymmetrical closing Double breasted
	19.08.24-24.08.24	Fly front opening Zipper in seam
	26.08.24-31.09.24	Without seam
September	02.09.24-07.09.24	Development of paper pattern and construction of garments (using checks, stripes)
	9.09.24-14.09.24	Unidirectional & novelty fabric
	16.09.24-21.09.24	Development of slopers for skirt variation Low waist, High waist A-line, flared
	23.09.24-28.9.24	Circular, pleated, yoked
October	01.10.24-05-10.24	Inseam pockets- closed and open.
	07.10.24-12.10.24	Designing Drafting and construction of Designer Lady's suit
	14.10.24-19.10.24	Designing Drafting and construction of Trousers Gowns
	21.10.23-26.10.23	Designing drafting and construction of Skirt, Top
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 1st Sem

Name of the Faculty: Mrs. Divya Rathi

Paper Code: M24-HDE-101

Paper: Theories of Human Development, Psychology and Behaviour

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	- Meaning and Significance of Theories - Meaning and Significance of Human Development - Theorizing and its philosophical underpinning
	29.07.24 - 3.08.24	- Links between Phenomena, Theory and Method - Comparative analysis of theories and their application - Integrated approach to theory building
August	5.08.24 - 10.08.24	- Experimental Psychology - Contributions of Weber, Fetchner, Wundt, Galton.
	12.08.24 - 17.08.24	-Freud's Psychoanalytic Theory
	19.08.24 - 24.08.24	- Neo-Freudians - Alfred Adler -Carl Gustav Jung - Eric Erickson
	26.08.24 - 31.08.24	Revision.
September	02.09.24 - 07.09.24	Learning Theories - Pavlov - Watson - Skinner
	09.09.24 - 14.09.24	Piaget's Cognitive Development Theory
	16.09.24 - 21.09.24	Kohlberg's Moral Development Theory
	23.09.24 - 28.09.24	Bandura's Social Learning and Social Cognition Theory
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	- Field Theories - Levin's Life space Theory -Tolman's Purposive Behaviourism
	14.10.24 - 19.10.24	- Vygotsky's Socio-cultural Perspective - Roger's self-Theory
	21.10.24 - 26.10.24	Revision and Tests.
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	- Myers Briggs Type Indicator - Mead's theory
	11.11.24 - 16.11.24	- Maslow's theory of self-actualization - Ecological Theory of Urie Bronfenbrenner
	18.11.24 - 23.11.24	- Humanistic Psychology and Developmental Theory - Language Theory of Chomsky

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 1st Sem

Name of the Faculty: Mrs. Divya Rathi

Paper Code: M24-HDE-103

Paper: Advanced Early Childhood: Care and Education

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Principles, Need, Importance, Scope and Objectives of ECCE.
	29.07.24 - 3.08.24	Types of Preschools/programmes.
August	5.08.24 - 10.08.24	Contributions of: - Pestalozzi - Rousseau - Froebel - Maria Montessori
	12.08.24 - 17.08.24	Contributions of: - John Dewey - Gijubhai Badheka - Tarabai Modak - M.K. Gandhi - Rabindranath Tagore
	19.08.24 - 24.08.24	ECCE IN INDIA: - Pre Independence-Period - Post Independence Period - Kothari Commission
	26.08.24 - 31.08.24	Contributions of the Five-Year plans to ECCE, Yash pal Committee, Maharashtra Preschool Centre Act
September	02.09.24 - 07.09.24	Contributions of the following programmes and policies in ECCE - ICCW - IAPE - NCERT - ICDS - UNICEF - NCTE - MOBILE CRECHES
	09.09.24 - 14.09.24	Organisation of Preschool Centres: Concept, administration, building and equipment, arrangement of rooms, Role of techniques in promoting learning in young children.
	16.09.24 - 21.09.24	Play: Definition, Concept, Types, Characteristics, role of Teacher in play.
	23.09.24 - 28.09.24	Programme Planning
October	30.09.24 - 05.10.24	Revision and Tests.
	14.10.24 - 19.10.24	Activities for ECCE: language Arts, Art and Craft
	21.10.24 - 26.10.24	Revision and tests
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Activities for ECCE: Music, Mathematics concepts.
	11.11.24 - 16.11.24	Activities for ECCE: Science and Social Studies.
	18.11.24 - 23.11.24	Revision.

LESSON PLAN

Session: 2024-25

Paper: Communication Technologies

Name of the Faculty: Mrs. Divya Rathi

Class: M.Sc. HD 3rd Sem

Paper Code: XVI

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Concept of communication.
	29.07.24 - 3.08.24	Scope of communication, communication process, approaches to communication.
August	5.08.24 - 10.08.24	Different media, their characteristics and use.
	12.08.24 - 17.08.24	Use of video projector, slide/filmstrip projector computers.
	19.08.24 - 24.08.24	Introduction to new communication technologies - Satellite distribution and broadcast
	26.08.24 - 31.08.24	Revision.
September	02.09.24 - 07.09.24	- Close circuit television package on (cc TV) topics - Incorporating the use of video films in presentation i.e. the selected clippings.
	09.09.24 - 14.09.24	- Slides" Making use of slides with audio commentaries for presentations - Development and use of transparencies.
	16.09.24 - 21.09.24	- Digital method of communication. - Computer Graphic Designing.
	23.09.24 - 28.09.24	Preparation of graphics for research reports/seminars/other presentation.
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	Designing-leaflets/pamphlets/booklets/cover pages/posters.
	14.10.24 - 19.10.24	Presentations using power points.
	21.10.24 - 26.10.24	Revision and Tests.
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Revision.
	11.11.24 - 16.11.24	Revision.
	18.11.24 - 23.11.24	Revision.

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 3rd Sem

Paper: Advanced Study in Human Development – II

Paper Code: XVIII

Name of the Faculty: Mrs. Divya Rathi

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Youth/Young adulthood (20-35 years)
	29.07.24 - 3.08.24	Physical Development Developmental tasks.
August	05.08.24 - 10.08.24	Sexuality, marriage, marital adjustment, parenthood
	12.08.24 - 17.08.24	Middle adulthood (35-50 years)- Physical continuity and changes.
	19.08.24 - 24.08.24	Adult Intelligence. - Personality development - Role in family -Maintaining family relationships
	26.08.24 - 31.08.24	Revision.
September	02.09.24 - 07.09.24	Friendships Menopause in women. Adult sexuality. Vocational Development
	09.09.24 - 14.09.24	Late Adulthood (50-65 years): - Continuity and change in personality -The family life cycle. -Social relationships.
	16.09.24 - 21.09.24	-Grand parenthood-intergenerational relations. -Retirement from formal work. -Health and diseases.
	23.09.24 - 28.09.24	Old age (65+ years): - Physical aspects of aging. -Change in cognitive abilities and creativity.
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	Psychosocial development.
	14.10.24 - 19.10.24	Changes in family life cycle. Health and disease
	21.10.24 - 26.10.24	Revision and Tests.
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Death, dying and bereavement.
	11.11.24 - 16.11.24	Revision
	18.11.24 - 23.11.24	Revision

LESSON PLAN

Session: 2024-2025

Class: B. Sc. H. Sc. 1st Sem

Subject: Introduction to Human Development

Paper code: B23-HSC-103

Teacher In charge: Dr. Nirupama Saini

Month	Week	Topics to be covered
July	22.7.24-31.7.24	Introduction to course and subject orientation
August	05.08.24-10.08.24	Introduction to Human Development and meaning, importance and scope.
	12.08.24-17.08.24	Multidisciplinary nature of human Development. Concept and principles of Human Growth and Development.
	19.08.24-24.08.24	Factors influencing growth and Development, differences between growth and development.
	26.08.24-31.08.24	Historical trends in Human Development, Theories of Development: Psychoanalytical theory of Sigmund Freud. Psychosocial theory of Erik Erikson
September	02.09.24-07.09.24	Cognitive theory of Piaget. Stages and domains of human development throughout life span.
	09.09.24-14.09.24	Stages and domains of human development throughout life span including physical, motor, social, emotional, cognitive, language and moral development.
	16.09.24-21.09.24	Developmental tasks during life span. Methods of child study-Observation, Interview.
	23.09.24-28.09.24	Questionnaire, case study, Cross-sectional, Longitudinal methods.
October	30.09.24-05-10.24	Learning: definition and concept, types, factors affecting learning.
	07.10.24-12.10.24	Sessional Test
	14.10.24-19.10.24	Intelligence: definition and concept, IQ, measurement of intelligence, factors affecting intelligence.
	21.10.24-26.10.24	Revision of entire syllabus
November	04.11.24-09.11.24	Practice from Old Question papers
	11.11.24-16.11.24	Mock Tests
	18.11.24-23.11.24	
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-2025

Class: B. Sc. H. Sc. 5th Sem

Subject: Housing

Paper code: 304

Teacher In charge: Dr. Nirupama Saini

Month	Week	Topics to be covered
July	22.7.24-31.7.24	Introduction to course and its implications.
August	5.08.24-10.08.24	Housing needs of the family, owning versus renting.
	12.08.24-17.08.24	Selection of site, factors affecting selection and purchase of site.
	19.08.24-24.08.24	Selection of materials for construction of house.
	26.08.24-31.08.24	Arrangement of funds for housing -finance cooperations, cooperative housing societies.
September	02.09.24-07.09.24	LIC, Cooperative banks loans from different agencies.
	09.09.24-14.09.24	House plans -signs used for reading house plans
	16.09.24-21.09.24	Space planning for different income groups. Orientation, activity.
	23.09.24-28.09.24	Privacy, spaciousness, aesthetics, economy, light, ventilation and flexibility.
October	30.09.24-05-10.24	National and international agencies CSIR, CFTRI, ICMR, (aims, objectives and beneficiaries)
	07.10.24-12.10.24	Sessional Test
	14.10.24-19.10.24	FAO, UNICEF, UNESCO (aims, objectives and beneficiaries).
	21.10.24-26.10.24	ICAR, NIN, WHO (aims, objectives and beneficiaries) Revision of entire syllabus
November	04.11.24-09.11.24	Revision of entire syllabus, Practice from Old Question papers
	11.11.24-16.11.24	Mock Tests, revisions
	18.11.24-23.11.24	
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-2025

Class: B.A. H. Sc. 1st Sem

Subject: Home and Interior Decor

Paper code: B23-HSE-101

Teacher In charge: Dr. Nirupama Saini

Month	Week	Topics to be covered
July	22.7.24-31.7.24	Introduction to course and POCO.
August	5.08.24-10.08.24	Interior decoration: objectives, importance of elements of art in interior decoration.
	12.08.24-17.08.24	Types of designs -structural and decorative and its applications.
	19.08.24-24.08.24	Elements of art: line, form, texture, light, pattern, colour, space, and its applications in interior decoration.
	26.08.24-31.08.24	Principles of designs: Rhythm, balance, proportion, emphasis, harmony, and its applications in interior decoration. Colour: properties of color.
September	02.09.24-07.09.24	Psychological effects of color, color scheme and its applications in interior decoration. Lighting: Types and requirement for various activities, lighting fixtures in the home.
	09.09.24-14.09.24	Lighting fixtures in the home. Table Setting and table manners: formal and informal settings.
	16.09.24-21.09.24	Table setting continued buffet style, Indian style, restaurant and café style. Furniture: types of furniture.
	23.09.24-28.09.24	Furniture arrangements for different areas- drawing room, bedroom, dining room, kitchen, and factors affecting selection and purchase of furniture.
October	30.09.24-05-10.24	Flower arrangement: different types and accessories used in flower decoration.
	07.10.24-12.10.24	Floor decoration for different occasions.
	14.10.24-19.10.24	Furnishings -soft furnishings, wall treatment and its types, window and types of floor coverings.
	21.10.24-26.10.24	Revision of entire syllabus
November	04.11.24-09.11.24	Practice from Old Question papers
	11.11.24-16.11.24	Mock Tests
	18.11.24-23.11.24	
Vacations	27.10.24-03.11.24	Diwali Vacations

LESSON PLAN

Session: 2024-2025

Class: B.Sc. H. Sc. 3rd Year

Subject: Interior Decoration

Paper code: 314

Teacher In charge: Dr. Nirupama Saini

Month	Week	Topics to be covered
January	1.1.24-6.1.24 8.1.24-13.1.24 15.1.24-20.1.24 22.1.24-27.1.24 29.1.24-31.1.24	Interior decoration. Objectives. Elements of art. Principles of art. Principles of art.
February	1.2.24-3.2.24 5.2.24-10.2.24 12.2.24-17.2.24 19.2.24-24.2.24 26.2.24-29.2.24	Color properties and schemes. Dimensions, classification. Flower Arrangements. Table setting. Table setting.
March	4.3.24-9.3.24 11.3.24-16.3.24 18.3.24-23.3.24 24.4.23-29.4.23	Light. Furniture. Furnishings. Furnishings.
May	1.5.23-6.5.23 8.5.23-13.5.23 15.5.23-20.5.23 22.5.23-31.5.23	Revisions Mock tests. University Exams

LESSON PLAN

Session: 2024-2025

Class: B.A. H. Sc. 3rd Year

Subject: Human Development

Paper code: 302

Teacher In charge: Dr. Nirupama Saini

Month	Week	Topics to be covered
February	1.2.23-4.2.23 6.2.23-11.2.23 13.2.23-18.2.23 20.2.23-28.2.23	Child Psychology, its objectives. Subject matter. Importance for parents, teachers and society. Learning.
March	1.3.23-4.3.23 13.3.23-18.3.23 20.3.23-25.3.23 27.3.23-1.4.23	Intelligence. Personality. Play. Growth & Development. Stages of Development.
April	3.4.23-8.4.23 10.4.23-15.4.23 17.4.23-22.4.23 24.4.23-29.4.23	Expectant mother. Discomforts and complications. Child care practices- feeding Weaning, clothing
May	1.5.23-6.5.23 8.5.23-13.5.23 15.5.23-20.5.23 22.5.23-31.5.23	Common diseases of childhood stage. Revisions Mock tests. University Exams

LESSON PLAN

Session: 2024-25

Class: M.Sc. Food and Nutrition 3rd Sem

Paper: Community Nutrition – I

Paper Code: 501

Name of the faculty: Ms. Daljinder Kaur

Month	Week	Topics to be covered
July	25.07.24 -27.07.24	Prevalence, etiology, biochemical and clinical manifestation and preventive measures for: Protein calories Malnutrition
	29.07.24 -3.08.24	Prevalence, etiology, biochemical and clinical manifestation and preventive measures for Vitamin A deficiency.
August	05.08.24 -10.08.24	Prevalence, etiology, biochemical and clinical manifestation and preventive measures for Iron deficiency.
	12.08.24 -17.08.24	Prevalence, etiology, biochemical and clinical manifestation and preventive measures for Fluorine Deficiency and Toxicity.
	19.08.24 -24.08.24	Prevalence, etiology, biochemical and clinical manifestation and preventive measures for Iodine Deficiency and Toxicity.
	26.08.24 - 31.08.24	Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Rickets, Osteomalacia
	02.09.24 - 07.09.24	Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Beri – Beri.
September	09.09.24 -14.09.24	Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Pellagra.
	16.09.24 -21.09.24	Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Scurvy.
	23.09.24 -28.09.24	Revision of Prevalence, etiology, biochemical and clinical manifestation and preventive measures for . Protein Energy Malnutrition, Vitamin A.
October	30.09.24-05-10.24	Revision of Prevalence, etiology, biochemical and clinical manifestation and preventive measures for Pellagra, Iron Deficiency.
	07.10.24-12.10.24	Revision of Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Fluorine and Iodine Deficiency.
	14.10.24-19.10.24	Revision of Prevalence, etiology, biochemical and clinical manifestation and preventive Measures for Vitamin D Osteoporosis, Osteomalacia
	21.10.24-26.10.24	Revision of all deficiency disorders.
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: M.Sc. Food and Nutrition 3rd Sem

Paper: Food Science – I

Paper Code: 503

Name of the Faculty: Ms. Daljinder Kaur

Month	Week	Topics to be covered
July	25.07.24-27-07.24	Relation of cookery to colloidal chemistry: Definition of colloidal system altering degree of dispersion, Hydrophilic and Hydrophobic colloids.
	29.07.24-03-08.24	stabilization of colloidal systems, properties i.e. surface tension, adsorption, foam formation, rheology, gel. Formation and emulsions.
August	05.08.24-10-08.24	Beverages: Synthetic and natural, alcoholic and non-alcoholic, carbonated and non-carbonated, coffee, tea, cocoa, Malted drinks.
	12.08.24-17-08.24	Nuts and Oilseeds: Composition, Oil extraction and by-products. Fats and Oils: Sources of edible fats and oils. Characteristics of fats and oils.
	19.08.24-24-08.24	Physical and chemical properties, changes in fats during storage and cooking uses of fats.
	26.08.24-31-08.24	Spices and Condiments: Composition, flavouring extracts – natural and synthetic.
September	02.09.24-07-09.24	Fermentation technology, enrichment and fortification technology.
	09.09.24-14-09.24	Sugar Cookery: Sources, uses and properties of crystallization of sugar.
	16.09.24-21-09.24	Stages of sugar cookery fondant, fudge, caramel and brittles.
	23.09.24-28-09.24	Starch Cookery: Sources and uses of starch, gelatinisation
October	30.09.24-05.10.24	Flours- Composition and baking qualities.
	07.10.24-12.10.24	Batters and dough (Chappaties and poories)
	14.10.24-19.10.24	Leavening agent
	21.10.24-26.10.24	Cooking and parboiling of rice.
Vacations	27.10.24-03-11.24	--
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision

LESSON PLAN

Session 2024-25

Class: B.A. Gen/ Hons. 1st Sem

Name of the faculty: Ms. Daljinder Kaur Paper code: B- 23 HSC -105

Nomenclature of the paper: Basics of Home Science I

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Introduction to Home science: Concept and its job opportunities. Basic terminology: Food, nutrients, nutrition, health, balanced diet.
	29.07.24-3.08.24	Malnutrition (over & undernutrition). Classification and Function of Food
August	5.08.24-10.08.24	Carbohydrates, Protein: Sources, Function & effect of Deficiency
	12.08.24-17.08.24	Fat: Sources, Function & effect of Deficiency.
	19.08.24-24.08.24	Definition and Classification and uses of Textile fibers: (Cotton, Jute, Wool, Silk, Rayon, Nylon and Polyester). Yarn: Definition and classification (simple, novelty and complex).
	26.08.24-31.08.24	Sewing machine: Parts and Functions, Care and Maintenance. Human Growth and Development: Meaning and concept.
September	02.09.24-07.09.24	Revision and tests
	09.09.24-14.09.24	Factors influencing growth & development. Developmental milestones of infancy (0-2 years) and early childhood (3-6 years): Physical and motor development.
	16.09.24-21.09.24	Social and Emotional development
	23.09.24-28.09.24	Cognitive and language development.
October	30.09.24-05-10.24	Resource Management - Definition and Importance Process of time, energy management.
	07.10.24-12.10.24	Process of energy management.
	14.10.24-19.10.24	Revision and tests
	21.10.24-26.10.24	Extension education: meaning and importance. Qualities of an extension worker
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision and tests
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session: 2024-2025

Class: B.Sc. Home Science 5th Sem

Subject: Dietetics I

Paper: 301

Teacher Incharge: Dr. Prabhjot Kaur

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Appraisal of the Syllabus
	29.07.24-30.07.24	Diet therapy, principles of diet therapy, adaptation of normal diet to light, soft, full fluid, clear fluid and bland diet.
August	01.08.24-03.08.24	Causes, symptoms and dietary modifications of Diarrhoea
	05.08.24-10.08.24	Causes, symptoms and dietary modifications of Constipation
	12.08.24-17.08.24	Causes, symptoms and dietary modifications of Peptic Ulcer
	20.08.24-24.08.24	Causes, symptoms and dietary modifications of Fever
	27.08.24-31.08.24	Dietary modifications in surgical conditions
September	02.09.24- 07.09.24	Class Tests of topics covered in Unit 1
	09.09.24-14.09.24	Causes, symptoms and dietary modifications of Weight imbalance – underweight, overweight
	16.09.24-21.09.24	Causes, symptoms and dietary modifications of Weight imbalance: obesity
	24.09.24-30.09.24	Causes, symptoms and dietary modifications of Liver disorders – Jaundice
October	01.10.24-05.10.24	Causes, symptoms and dietary modifications of Liver disorders – Viral Hepatitis
	07.10.24-12.10.24	Revision and Sessional Tests
	14.10.24-19.10.24	Causes, symptoms and dietary modifications of Liver disorders: Cirrhosis
	21.10.24-26.10.24	Causes, symptoms and dietary modifications of Liver disorders: Hepatic Coma
November	28.10.24-03.11.24	Diwali Vacations
	04.11.24-09.11.24	Causes, symptoms and dietary modifications of Arthritis
	11.11.24-16.11.24	Causes, symptoms and dietary modifications of Gout
	18.11.24-23.11.24	Revision and Doubt clearance
	25.11.24-30.11.24	Solving old question papers and Mock Tests

LESSON PLAN

Session: 2024-2025

Class: B.Sc. Home Science 3rd Sem

Subject: Food Science

Paper: B23-HSC-302

Teacher Incharge: Dr. Prabhjot Kaur

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Appraisal of the Syllabus
	29.07.24-30.07.24	Food - definition & classification of food Functions of Food: Physiological, psychological, social & emotional Food Groups and food guide pyramid along with its importance.
August	01.08.24-03.08.24	Basic food groups - composition and nutritional contributions of Cereals
	05.08.24-10.08.24	Composition and nutritional contributions of Pulses
	12.08.24-17.08.24	Composition and nutritional contributions of Fruits and Vegetables
	20.08.24-24.08.24	Composition and nutritional contributions of Milk and Milk Products
	27.08.24-31.08.24	Composition and nutritional contributions of Nuts and Oilseeds
September	02.09.24- 07.09.24	Composition and nutritional contributions of Meat, Fish, Poultry & Egg
	09.09.24-14.09.24	Composition and nutritional contributions of Major spices of India & Sugar and Jaggery
	16.09.24-21.09.24	Definition, objectives and principles of cooking of food. Different methods of cooking- their merits and demerits. A. Moist heat method: Boiling, simmering, stewing, pressure cooking, poaching & blanching
	24.09.24-30.09.24	B. Dry heat method: Roasting, baking, toasting, suteing, grilling, frying C. Other methods of cooking: Microwave cooking & solar cooking
October	01.10.24-05.10.24	Effect on cooking and heat on nutritive values of foods.
	07.10.24-12.10.24	Revision and Sessional Tests
	14.10.24-19.10.24	Improving nutritional quality of foods using methods: Germination: Method, advantages & disadvantages Fermentation: Method, advantages & disadvantages

	21.10.24-26.10.24	Supplementation: Methods & various supplementary foods • Fortification: Meaning & importance Enrichment
	28.10.24-31.10.24	Diwali Vacations
November	28.10.24-03.11.24	Diwali Vacations
	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Doubt clearance
	18.11.24-23.11.24	Solving old question papers
	25.11.24-30.11.24	Mock Tests

LESSON PLAN

Session: 2024-2025

Class: B.Sc. Home Science 3rd Sem

Subject: Hygiene and Human Physiology

Paper: B23-HSC-304

Teacher Incharge: Dr. Prabhjot Kaur

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Appraisal of the Syllabus
	29.07.24-30.07.24	Definition of hygiene, Types of hygiene (Personal, environmental, domestic & food hygiene)
August	01.08.24-03.08.24	Physical health, Factors affecting health: Eating & drinking habits, Body posture, sleep, exercise & games, cleanliness of body and cleanliness of House
	05.08.24-10.08.24	Immunity - Definition and types of immunity, vaccination schedule Causes, symptoms & prevention or control of following diseases: a) Diseases spread by insects: Malaria & Dengue
	12.08.24-17.08.24	Causes, symptoms & prevention or control of following diseases: b) Diseases spread by ingestion: Typhoid, diarrhea & Dysentery
	20.08.24-24.08.24	Causes, symptoms & prevention or control of following diseases: c) Diseases spread by droplet infection: T. B. & Chickenpox
	27.08.24-31.08.24	Causes, symptoms & prevention or control of following diseases: d) sexually transmitted disease: AIDS Class Tests of topics covered in Unit 1
September	02.09.24- 07.09.24	Animal Cell: Structure & functions of cell organelle; Cell division: Mitosis & meiosis(in brief)
	09.09.24-14.09.24	Digestive System – Structure and functions of various parts of the alimentary canal; Digestive glands – Salivary Glands, liver, pancreas, gastric glands, intestinal glands.
	16.09.24-21.09.24	Circulatory system – Structure and functions of heart, functions of blood
	24.09.24-30.09.24	Blood composition & blood groups
October	01.10.24-05.10.24	Excretory system – Structure and functions of lungs, & skin
	07.10.24-12.10.24	Revision and Sessional Tests
	14.10.24-19.10.24	Excretory system – Structure and functions of lungs, & skin

	21.10.24-26.10.24	Endocrine system – Structure and functions of endocrine glands– pituitary, thyroid, Parathyroid & adrenal glands
November	28.10.24-03.11.24	Diwali Vacations
	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Doubt clearance
	18.11.24-23.11.24	Solving old question papers
	25.11.24-30.11.24	Mock Tests

LESSON PLAN

Session: 2024-25

Class: M.Sc. FND 1st Sem

Paper: Food Science

Paper code: M24-FND-103

Name of the faculty: Ms. Geeta

Month	Week	Topics to be covered
July	25.07.24- 27.07.24	Introduction, types & uses. Properties of crystallization of sugar. Stages of sugar cookery, Physical and chemical properties of sugar.
	29.07.24- 3.08.24	Sweetness index, Fondant, fudge, caramel and brittles. Classification and types of beverages Major beverages such as coffee, tea, cocoa, malted drinks.
August	5.08.24-10.08.24	Sources, structure and type of fats. Physical & chemical properties. Cooking of fats and oils, fat deterioration and antioxidants.
	12.08.24-17.08.24	Revision and tests
	19.08.24- 24.08.24	Composition, classification of fruits and vegetables Pigments and acids in vegetables and fruits, browning reaction. Pectic substances: Characteristics, methods of artificial ripening, testing of pectin, factors affecting jelly formation.
	26.08.24-31.08.24	Loss of nutrients while cooking vegetables and it's solutions. Sensory characteristics of food: appearance, colour, flavor, odour, taste, mouth feel and texture. Objective and subjective evaluation.
September	02.09.24-07.09.24	Composition, methods of processing and cooking.
	09.09.24-14.09.24	Effect of processing such as roasting, parching, soaking, germination and fermentation. Toxins in pulses.
	16.09.24-21.09.24	Sources, types and uses of starch, gelatinization. Flours- Composition and baking qualities. Batters and dough (chapatti and poori).
	23.09.24- 28.09.24	Leavening agents: biologically and chemically leavened products. Cooking and parboiling of rice.

	30.09.24- 05.10.24	Types and composition, Storage, selection, spoilage and preservation, Byproducts and newer products of fish.
October	07.10.24-12.10.24	Sources, structure and type of fats Physical & chemical properties Cooking of fats and oils, fat deterioration and antioxidants.
	14.10.24-19.10.24	Composition and components of milk. Milk types Coagulation of milk protein. Setting of curds, different types of cheese, non-enzymatic browning.
Vacations	27.10.24-03.11.24	Diwali vacations
November	04.11.24-09.11.24	Cultured milk, Yogurt, Butter, Whey Concentrated and dried products, frozen desserts, Dairy product substitutes. Egg types. Eggs cooked in shells, poached eggs, and omelets. Units of egg quality, egg products
	11.11.24-16.11.24	Structure, composition and selection. Changes during storage and spoilage. Coagulation of eggs protein: proteins in egg white and yolk, egg fat.
	18.11.24- 23.11.24	Structure, constituents and types of meat, Meat protein, post-mortem changes, ageing of meat, curing and smoking, meat analogues: types and characteristics, Tenderness and juiciness. Revision and tests

LESSON PLAN

Session 2024-25

Class: M.Sc. FN 3rd Sem

Paper: Food Safety and Quality Control

Paper code: 504

Name of the faculty: Ms. Geeta

Month	Week	Topics to be covered
July	25.07.24- 27.07.24	Introduction to food safety: definition, food safety issues, factors affecting food safety, importance of safe foods.
	29.07.24- 3.08.24	Shelf life of Food Products: factors affecting shelf life and methods to check the shelf life Food additives and contaminants: meaning, various kinds of additives- food colour.
August	5.08.24-10.08.24	Preservatives, antioxidants, antimicrobial substances, artificial sweeteners, flavouring, emulsifying, stabilizing agents.
	12.08.24-17.08.24	Revision and tests
	19.08.24- 24.08.24	Food contaminants of natural origin- seafood toxins, toxic aminoacids and lathyrism, goitrogens, Haemagglutinins, phytates, cyanogenic glycosides, indirect additives, pesticides, contaminants and adulterants, pesticide residues, metallic conminanta, radionuclides, adultrants.
	26.08.24-31.08.24	Recent concerns on food safety: genetically modified foods.
September	02.09.24-07.09.24	Food laws and regulations: national food legislation, other food legislations/ authorities and their role- essential commodities act, 1955, standard of weight and measures act
	09.09.24-14.09.24	Food processing: types of processing methods, effect of processing treatments – processing of application of heat, processing by removal of heat, ambient temperature processing. Minimal processing.
	16.09.24-21.09.24	Export (quality control and inspection) act, 1963, voluntary based product certifications (ISI mark of BIS and agmark), international organization and agreements- food and agricultural organization (FAO), world health organization (WHO), codex alimentarius,
	23.09.24- 28.09.24	Codex India joint FAO/WHO expert committee on food additives (JECFA), world trade organization (WTO), sanitary and phytosanitary measures (SPS) and technical barriers to trade (TBT), international organization for standardization (ISO)

	30.09.24- 05.10.24	Food safety and quality management systems: general principle of food safety risk management.
October	07.10.24-12.10.24	Revision and tests
	14.10.24-19.10.24	Composition and components of milk. Milk types. Coagulation of milk protein. Setting of curds, different types of cheese, non-enzymatic browning.
	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	Diwali vacations
November	04.11.24-09.11.24	Hazard analysis critical control point system (HACCP), quality management system,
	11.11.24-16.11.24	Food Packaging: Need, material used and labeling.
	18.11.24- 23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Class: B. Com, BBA, BCA, 1st Sem MDC

Paper: MDC Home Science (Basics of Home Science) Paper Code: B-23-HSC 103/105

Name of the faculty: Ms. Geeta

Month	Week	Topics to be covered
July	25.07.24- 27.07.24	Introduction to Home science: Concept and its job opportunities
	29.07.24- 3.08.24	Basic terminology: Food, nutrients, nutrition, health, balanced diet, malnutrition (over & undernutrition)
August	5.08.24-10.08.24	Classification and Function of Food
	12.08.24-17.08.24	Revision and tests
	19.08.24- 24.08.24	Carbohydrate, Protein, Fat Protein, Fat: Source, Function & deficiency effect
	26.08.24-31.08.24	Definition and Classification and uses of Textile fibers: (Cotton, Rayon, Nylon and Polyester) Yarn Jute, Wool, Silk, Rayon, and classification (simple, novelty and complex). Yarn: Definition
September	02.09.24-07.09.24	Sewing machine: Parts and Functions, Care and Maintenance
	09.09.24-14.09.24	Human Growth and Development: Meaning and concept Factors influencing growth & development.
	16.09.24-21.09.24	Developmental milestones of infancy (0-2 years) and early childhood (3-6 years): Physical and motor development
	23.09.24- 28.09.24	Human Growth and Development: Meaning and concept Factors influencing growth & development Social and emotional development
	30.09.24- 05.10.24	Overall development during infancy and early childhood.
October	07.10.24-12.10.24	Revision and tests
	14.10.24-19.10.24	Cognitive and language development
	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	Diwali vacations
November	04.11.24-09.11.24	Resource Management - Definition and Importance Process of time, energy and money management.
	11.11.24-16.11.24	Extension education meaning and importance Qualities of an extension worker, budget and its types.
	18.11.24- 23.11.24	Revision and tests

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 1st Sem

Name of the Faculty: Mrs. Namita Sharma

Paper Code: M24-HDE-102

Paper: Psychometric and technique of assessment in the field of human development

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Introduction of psychological testing
	29.07.24 - 3.08.24	Error of psychological testing
August	5.08.24 - 10.08.24	Concept of measurement and evaluation.
	12.08.24 - 17.08.24	Scales, norms and transformation
	19.08.24 - 24.08.24	Observation
	26.08.24 - 31.08.24	Revision.
September	02.09.24 - 07.09.24	Interview method
	09.09.24 - 14.09.24	Case study method
	16.09.24 - 21.09.24	Questionnaire method
	23.09.24 - 28.09.24	Antrometry method
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	Sociometry techniques
	14.10.24 - 19.10.24	Reliability and validity
	21.10.24 - 26.10.24	Assignment s
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Test and scale construction
	11.11.24 - 16.11.24	Some psychometric method intelligence, personality, interest and aptitude
	18.11.24 - 23.11.24	Various scale used for children's assessment

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 1st Sem

Name of the Faculty: Mrs. Namita Sharma

Paper Code: M24-HDE-104

Paper: Cross cultural perspective in family studies

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Family, function of family and family life cycle
	29.07.24 - 3.08.24	Family structure
August	5.08.24 - 10.08.24	Alternative families, single parent families and child families.
	12.08.24 - 17.08.24	Family pattern in India
	19.08.24 - 24.08.24	Causes and effect of family structure on changing roles of family
	26.08.24 - 31.08.24	Revision
September	02.09.24 - 07.09.24	Types of family crises
	09.09.24 - 14.09.24	Family life cycle approaches
	16.09.24 - 21.09.24	Contemporary issues and concern child maltreatment, gender role, family planning
	23.09.24 - 28.09.24	Child rearing and socialisation
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	Disadvantage family
	14.10.24 - 19.10.24	Family and social al exchange /influence
	21.10.24 - 26.10.24	Revision and Tests.
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Cultural practices of families
	11.11.24 - 16.11.24	Revision
	18.11.24 - 23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 3rd Sem

Name of the Faculty: Mrs. Namita Sharma

Paper Code: XVII

Paper: Principles of guidance and counselling

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Principles, Need, Importance, Scope of guidance
	29.07.24 - 3.08.24	Area of guidance
August	5.08.24 - 10.08.24	Area of guidance
	12.08.24 - 17.08.24	Group guidance
	19.08.24 - 24.08.24	Organisation of guidance services
	26.08.24 - 31.08.24	Assignments
September	02.09.24 - 07.09.24	Psychotherapy
	09.09.24 - 14.09.24	Play therapy
	16.09.24 - 21.09.24	Need, aim and principles of counselling
	23.09.24 - 28.09.24	Special area in counselling
October	30.09.24 - 05.10.24	Revision and Tests.
	07.10.24 - 12.10.24	Counselling with exceptional children
	14.10.24 - 19.10.24	Counselling with exceptional children
	21.10.24 - 26.10.24	Revision and tests.
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Counselling children with special concern
	11.11.24 - 16.11.24	Test and revision
	18.11.24 - 23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 3rd Sem

Name of the Faculty: Mrs. Namita Sharma

Paper Code: XVII

Paper: Women studies

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Concept of women studies
	29.07.24 - 3.08.24	Growth of women studies
August	5.08.24 - 10.08.24	Women's movement in India
	12.08.24 - 17.08.24	Status of women in India
	19.08.24 - 24.08.24	Assignment
	26.08.24 - 31.08.24	Test and assignments check
September	02.09.24 - 07.09.24	Patriarchy and gender education
	09.09.24 - 14.09.24	Economic empowerment and gender
	16.09.24 - 21.09.24	Child marriage and legal status of women in India
	23.09.24 - 28.09.24	Female feticide and infanticide
October	30.09.24 - 05.10.24	Violence, Dowry, employment and female mortality
	07.10.24 - 12.10.24	Socialization of girl child
	14.10.24 - 19.10.24	Women identity
	21.10.24 - 26.10.24	Revision and Tests
Vacations	27.10.24 - 03.11.24	Diwali Vacations
November	04.11.24 - 09.11.24	Revision
	11.11.24 - 16.11.24	Revision
	18.11.24 - 23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: M.Sc. HD 3rd Sem

Name of the Faculty: Mrs. Namita Sharma

Paper Code: XX

Paper: Care of elderly

Month	Week	Topics to be Covered
July	25.07.24 - 27.07.24	Introductions and scope of gerontology and concept of aging problem
	29.07.24 - 3.08.24	Theories
August	5.08.24 - 10.08.24	Theories
	12.08.24 - 17.08.24	Aging process
	19.08.24 - 24.08.24	Spiritual and economic aspects
	26.08.24 - 31.08.24	Revision
September	02.09.24 - 07.09.24	Family pattern in later life
	09.09.24 - 14.09.24	Retirement and marital adjustment
	16.09.24 - 21.09.24	Singlehandedly and alternative lifestyle
	23.09.24 - 28.09.24	Work, leisure and retirement pattern
October	30.09.24 - 05.10.24	Attitude toward retirement
	07.10.24 - 12.10.24	Assignment
	14.10.24 - 19.10.24	Death and dying and bereavement
	21.10.24 - 26.10.24	Revision and Tests
Vacations	27.10.24 - 03.11.24	Diwali vacations
November	04.11.24 - 09.11.24	Services and programme for the aged
	11.11.24 - 16.11.24	Revision
	18.11.24 - 23.11.24	Revision

LESSON PLAN

Session: 2024-25

Class: B.A 5th Sem (Home Science)

Paper: Foods and Nutrition (Theory)

Paper Code: 301

Name of the faculty: Mrs. Ruhi Grewal

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Introduction to Food, Functions of food and its classification.
	29.07.24-3.08.24	Carbohydrates and Proteins
August	5.08.24-10.08.24	Proteins and Fats
	12.08.24-17.08.24	Revision of the topics. Functions daily allowances, deficiency and excess intake of following- Vitamin A Vitamin D Vitamin E Vitamin K
	19.08.24-24.08.24	Functions daily allowances, deficiency and excess intake of following- Calcium Iron Iodine
	26.08.24-31.08.24	Functions daily allowances, deficiency and excess intake of following- Sodium Potassium Revision and test of the topics
September	02.09.24-07.09.24	Functions of water, dietary fiber Methods of following cooking method- Boiling, stewing, steaming, roasting, grilling, baking
	09.09.24-14.09.24	Methods of following cooking method- Shallow and deep frying, solar and microwave cooking. Methods of enhancing the nutritive value – Sprouting Fermentation Supplementation
	16.09.24-21.09.24	Revision and test of the topics Introduction to meal planning and balanced diet. Principles and factors of meal planning. Meal planning for- Preschoolers, school children, Adolescents Pregnant and lactating women

	23.09.24-28.09.24	Introduction to Therapeutic Nutrition Therapeutic adaptation of normal to soft and liquid diet. Therapeutic nutrition of the following- Typhoid fever Diarrhea Constipation
October	30.09.24-05-10.24	Therapeutic nutrition of the following- Diabetes High Blood pressure
	07.10.24-12.10.24	Sessional Test of Therapeutic Nutrition- Diabetes and Diarrhea. Methods of cooking- shallow and deep frying, boiling and stewing. Sprouting and germination.
	14.10.24-19.10.24	Introduction to Food preservation. Importance of food preservation Causes of food spoilage Principles of food preservation.

	21.10.24-26.10.24	Methods of Food preservation Revision and tests of macro nutrients. Revision and tests of food Revision and tests of vitamins
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Group Discussion Peer teaching Revision and tests of – Minerals Method of cooking Method of increasing nutritive value
	11.11.24-16.11.24	Group Discussion Peer Teaching Revision and test of –Meal planning, Therapeutic Nutrition
	18.11.24-23.11.24	Revision and tests of- Food preservation.

LESSON PLAN

Session 2024-25

Class: Bachelor of Home Science 1st Sem

Name of the Faculty: Mrs. Ruhi Grewal

Paper Code: B23-HSC-101

Nomenclature of the Paper: Home and Interior Décor (Major)

Month	Week	Topics to be covered
July	25.07.24-27-07.24	Introduction to Interior Decoration
	29.07.24-03-08.24	Objectives of Interior Decoration Importance of elements of art Types of Design
August	05.08.24-10-08.24	Elements of art- Line, form and art Pattern, Color, Space and Its application in interior decoration
	12.08.24-17-08.24	Principles of design Properties of color and psychological effect of color Color scheme and its application in interior decoration
	19.08.24-24-08.24	Types of lighting and requirement for its various activities Light fixtures in the home Revision and test of the topics
	26.08.24-31-08.24	Table setting, types, buffet style Café style and Indian Style restaurant Peer teaching and revision
September	02.09.24-07-09.24	Furniture and types of furniture Furniture arrangement for the following- Bedroom, drawing room Kitchen, dining room And Its types
	09.09.24-14-09.24	Factors affecting the selection and purchase of furniture Care of furniture Peer teaching Revision and Tests
	16.09.24-21-09.24	Introduction to Flower arrangement – types of flower arrangement Accessories used and points to be considered for flower arrangement Flower Decoration
	23.09.24-28-09.24	Peer Teaching Revision Introduction to furnishings Soft Furnishings
October	30.09.24-05.10.24	Wall treatment Window treatment Revision and Peer teaching
	07.10.24-12.10.24	Types of floor coverings Revision and Peer teaching
	14.10.24-19.10.24	Sessional test on elements of art, light and table setting Peer teaching

	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	--
November	04.11.24-09.11.24	Peer teaching and Revisions
	11.11.24-16.11.24	Peer Teaching and Revision
	18.11.24-23.11.24	Peer teaching and Revisions

LESSON PLAN

Session 2024-25

Class: Bachelor of Fashion Designing 1st Sem

Name of the faculty: Mrs. Ruhi Grewal

Paper code-B23-HSE-101

Nomenclature of the paper: Home and Interior Décor (Minor)

Month	Week	Topics to be covered
July	25.07.24-27-07.24	----
	29.07.24-03-08.24	----
August	05.08.24-10-08.24	Introduction to Interior Decoration Objectives of Interior Decoration Importance of elements of art Types of Design
	12.08.24-17-08.24	Elements of art- Line, form and art Pattern, Color, Space and Its application in interior decoration
	19.08.24-24-08.24	Principles of design Properties of color and psychological effect of color Color scheme and its application in interior decoration
	26.08.24-31-08.24	Types of lighting and requirement for its various activities Light fixtures in the home Revision and test of the topics
September	02.09.24-07-09.24	Table setting, types, buffet style Café style and Indian Style restaurant Peer teaching and revision
	09.09.24-14-09.24	Furniture and types of furniture Furniture arrangement for the following- Bedroom, drawing room Kitchen, dining room And Its types
	16.09.24-21-09.24	Factors affecting the selection and purchase of furniture Care of furniture Peer teaching Revision and Tests
	23.09.24-28-09.24	Introduction to Flower arrangement – types of flower arrangement Accessories used and points to be considered for flower arrangement Flower Decoration
October	30.09.24-05.10.24	Peer Teaching Revision Introduction to furnishings Soft Furnishings

	07.10.24-12.10.24	Wall treatment Window treatment Revision and Peer teaching
	14.10.24-19.10.24	Types of floor coverings Revision and Peer teaching
	21.10.24-26.10.24	Sessional test on elements of art, light and table setting Peer teaching Revision and tests
Vacations	27.10.24-03-11.24	--
November	04.11.24-09.11.24	Peer teaching and Revisions
	11.11.24-16.11.24	Peer Teaching and Revision
	18.11.24-23.11.24	Peer teaching and Revisions

LESSON PLAN

Session: 2024-25

Class: M.Sc. Food, Nutrition and Dietetics 1st Sem

Name of the faculty: Mrs. Ruhi Grewal

Paper code: M24-FND-101

Nomenclature of the Paper: Advance Human Nutrition-I

Month	Week	Topics to be covered
July	25.07.24-27.07.24	----
	29.07.24-3.08.24	-----
August	5.08.24-10.08.24	Introduction to Carbohydrates Digestion, Absorption of carbohydrates Transport of carbohydrates Dietary fiber, fructo oligosaccharide and resistant starch.
	12.08.24-17.08.24	Glycemic index and load of foods Sweeteners Role of carbohydrates in health and disease. Revision
	19.08.24-24.08.24	Introduction to lipids Digestion, absorption and transport Functions of essential fatty acids Omega 3 and omega 6 Trans fatty acids
	26.08.24-31.08.24	Requirement of total fat and fatty acids Health significance of fats Revision and tests Digestion, absorption and transport of proteins
September	02.09.24-07.09.24	Protein quality and methods of evaluating protein Protein and amino acid requirement Protein as energy source Therapeutic application and health significance and of – BCAA, glutamine, arginine
	09.09.24-14.09.24	Therapeutic application and health significance of – Homocysteine, cysteine, taurine Revision and tests Host Defense mechanism Effect of infection on the nutritional status Impact of malnutrition on immunity
	16.09.24-21.09.24	Revision and tests Historical background, food sources, RDA, biochemical functions, physiological functions, therapeutic effects, toxicity and deficiency of the following- Vitamin A, D, E, K
	23.09.24-28.09.24	Historical background, food sources, RDA, biochemical functions, physiological functions, therapeutic effects, toxicity and deficiency of the following- Thiamine, riboflavin, niacin Biotin, pyridoxin, folic acid
	30.09.24-05-10.24	Historical background, food sources, RDA, biochemical functions, physiological functions,

		therapeutic effects, toxicity and deficiency of the following- Pantothenic acid, ascorbic acid, cyanocobalamin Choline and inositol. Revision and tests
October	07.10.24-12.10.24	Sessional of carbohydrates, host defense mechanism, Vit A, D, B and C. Historical background, food sources, RDA, biochemical functions, physiological functions, therapeutic effects, toxicity and deficiency of the following- Calcium, phosphorous, magnesium Sodium, potassium and chlorine.
	14.10.24-19.10.24	Historical background, food sources, RDA, biochemical functions, physiological functions, therapeutic effects, toxicity and deficiency of the following- Iron, copper, zinc, Manganese, iodine and fluorine
	21.10.24-26.10.24	Historical background, food sources, RDA, biochemical functions, physiological functions, therapeutic effects, toxicity and deficiency of the following- Selenium, cobalt, chromium Vanadium, silicon, boron and Nickel.
	Vacations	27.10.24-03.11.24
November	04.11.24-09.11.24	Peer teaching and test
	11.11.24-16.11.24	Peer teaching and group discussion
	18.11.24-23.11.24	Peer teaching and revision

LESSON PLAN

Session: 2024-25

Class: B.A Gen / Hons. 3rd Sem

Name of the faculty: Ms. Saloni Singh

Paper Code: B-23 HSC -305

Nomenclature of the paper: Basics of Home Science III

Month	Week	Topics to be covered
July	25.07.24 -27.07.24	Meal planning: its meaning & principles; Planning diet for school going children & adolescents.
	29.07.24 -3.08.24	Food preservation: Principles and home scale method.
August	5.08.24 -10.08.24	Traditional embroideries of India: Chikankari, phulkari, kantha, chamba and kasuti.
	12.08.24 -17.08.24	Soaps and Detergents, Starches, Blues and Bleaches.
	19.08.24 -24.08.24	Stain removal-Classification of Stains, Methods of Removing different types of Stain
	26.08.24 - 31.08.24	Physical changes, health problems and adjustments in old age
September	02.09.24 - 07.09.24	Guidance: meaning and its types. Skills and characteristics of effective counseling
	09.09.24 -14.09.24	Various color schemes and its application.
	16.09.24 -21.09.24	Table etiquettes and Table setting - formal and informal
	23.09.24 -28.09.24	Communication- meaning, importance and types
October	30.09.24-05-10.24	Major nutritional problems in India: PEM.
	07.10.24-12.10.24	Major nutritional problems in India:IDD.
	14.10.24-19.10.24	Major nutritional problems in India: Anemia.
	21.10.24-26.10.24	Revision of all deficiency disorders.
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session: 2024-25

Class: B.A Gen / Hons. 3rd Sem

Name of the faculty: Ms. Gurpreet Kaur

Paper Code: B-23 HSC -305

Paper: Basics of Home Science III

Month	Week	Topics to be covered
July	25.07.24 -27.07.24	Meal planning: its meaning & principles; Planning diet for school going children & adolescents.
	29.07.24 -3.08.24	Food preservation: Principles and home scale method.
August	5.08.24 -10.08.24	Traditional embroideries of India: Chikankari, phulkari, kantha, chamba and kasuti.
	12.08.24 -17.08.24	Soaps and Detergents, Starches, Blues and Bleaches.
	19.08.24 -24.08.24	Stain removal-Classification of Stains, Methods of Removing different types of Stain
	26.08.24 - 31.08.24	Physical changes, health problems and adjustments in old age
September	02.09.24 - 07.09.24	Guidance: meaning and its types. Skills and characteristics of effective counseling
	09.09.24 -14.09.24	Various color schemes and its application.
	16.09.24 -21.09.24	Table etiquettes and Table setting - formal and informal
	23.09.24 -28.09.24	Communication- meaning, importance and types
October	30.09.24-05-10.24	Major nutritional problems in India: PEM.
	07.10.24-12.10.24	Major nutritional problems in India:IDD.
	14.10.24-19.10.24	Major nutritional problems in India: Anemia.
	21.10.24-26.10.24	Revision of all deficiency disorders.
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session:2024-25

Class: M. Sc. (Food Nutrition & Dietetics) 1st Sem

Paper: Food Service Management

Paper Code: M24-FND-104

Name of the Faculty: Ms. Saloni Singh

Month	Week	Topics to be covered
July	25.07.24-27-07.24	Introduction to the food service system: Introduction, definition, History and development, type of food service industry, principles of food service system, objective of the food service industry.
	29.07.24-03-08.24	Classification of catering service commercial and institutional, Characteristics of the various types of food service units- Canteens, Hostel, Hospitals and restaurants. Institutional catering to different types of handicapped personnel.
August	05.08.24-10-08.24	Management principles, functions, approaches and theories of management-classical or traditional theory, Neoclassical approach, Quantitative approach, MBO approach, system approach, Behavioral and human relations, Contingency approach, JIT approach.
	12.08.24-17-08.24	2.2 Management tools-tangible and intangible tools, organizational chart, structure, function, work improvement techniques. Equipment and time and energy management 2.3 Manpower planning- recruitment, selection, orientation and training
	19.08.24-24-08.24	3 Financial Management 3.1 Definition, and scope of financial management, financial accounting, management accounting, budgeting, sources of finance, types of budgets, costing, and cost control techniques
	26.08.24-31-08.24	4 Personnel Management 4.1 Personnel Management-Definition, Scope, Concept, Approaches and Personnel Policies, Staff Employment, Training, Placement, Promotion, Personnel Records and Work Appraisal.
September	02.09.24-07-09.24	4.2 Marketing strategies, sales analysis, sales records, issuing process, receiving process, purchasing process and methods
	09.09.24-14-09.24	5. Material Management 5.1 Material Management, quantity food preparation and service, large cooking techniques, principles of quantity food purchase, selection, buying and accounting of different foods.
	16.09.24-21-09.24	5.2 Storage methods, store records and Layout of Stores
	23.09.24-28-09.24	6 Menu planning and service in the food service industry 6.1 Menu definition, steps in menu planning, types of menus and Factors affecting menu planning
October	30.09.24-05.10.24	6.2 Layout of kitchen and service area, kitchen control, Maintenance of kitchen records & Architectural features of the kitchen, Meal Ordering system (manual & electronic)
	07.10.24-12.10.24	6.3 Types of food service styles in different catering institutions, factors in planning menus for large groups, systems for maintaining quality in food preparation and food service
	14.10.24-19.10.24	Class test

	21.10.24-26.10.24	7. Food safety hygiene and regulations in the food service industry 7.1 Hygiene & sanitation in food preparation and serving area -personal hygiene, types and sources of contamination, prevention, safety
Vacations	27.10.24-03-11.24	--
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision
	18.11.24-23.11.24	Revision

LESSON PLAN

Session:2024-25

Class: M.Sc. Food and Nutrition 3rd Sem

Paper: Institutional Management-I

Paper Code: 502

Name of the faculty: Ms. Saloni Singh

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Introduction to Food Service Systems: - Evolution of the food service industry - Broad categories of catering services; commercial and Institutional - Characteristics of the various types of food service units – Canteens, Hostels, Hospitals and Restaurants.
	29.07.24-3.08.24	Principles of Institutional food Management - Management functions - Management tools: Tangible, Intangible tools
August	5.08.24-10.08.24	Personnel Management - Manpower planning - Recruitment, selection and orientation - Training and motivation
	12.08.24-17.08.24	Legal Aspects - Labour Laws - Welfare policies and schemes for employees
	19.08.24-24.08.24	Space Organisation - Space requirements for kitchen and service areas -Types of Kitchens -Layout of service areas
	26.08.24-31.08.24	Equipment -Types of equipment - Selection of equipment - Maintenance of equipment
September	02.09.24-07.09.24	Revision and tests
	09.09.24-14.09.24	Time and Energy Management - Importance of time and energy management - Types of energy – Human and fuel energy. - Measures for utilization and conservation
	16.09.24-21.09.24	Revision
	23.09.24-28.09.24	Management of Finance - Sources of finance - Budgets
October	30.09.24-05-10.24	Class Test
	07.10.24-12.10.24	Cost accounting/analysis: - Food cost analysis - Labor cost analysis - Cost Control Techniques
	14.10.24-19.10.24	Revision and tests
	21.10.24-26.10.24	Revision and tests
Vacations	27.10.24-03.11.24	Diwali Vacations
November	04.11.24-09.11.24	Revision
	11.11.24-16.11.24	Revision and tests
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session 2024-25

Paper: Food Microbiology

Name of the faculty: Gurpreet Kaur

Class: M.Sc. FN Semester 3

Paper code: 505

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Appraisal of the Syllabus
	29.07.24-30.07.24	Scope of Microbiology. Important groups of microorganisms L and their practical significance Microflora of air, water and soil.
August	01.08.24-03.08.24	Microbial growth and methods of measurement of growth.
	05.08.24-10.08.24	Nutritional requirements, nutritional types, culture media and its types, physical conditions during cultivation.
	12.08.24-17.08.24	Methods of isolation and detection of microorganisms or their products in foods, conventional methods, rapid methods, immunological methods – fluorescent antibody, Radio immunoassay, ELISA etc., chemical methods – ATP measurement and PCR (only principles in brief).
	20.08.24-24.08.24	Sterilization by dry heat, moist heat, filtration and chemicals. Introduction to historical development in food preservation, spoilage, infections and legislation.
	27.08.24-31.08.24	Sources of contamination and microbial spoilage of milk and milk products, eggs and poultry, fish and other sea foods, Cereal and cereal products, meat and meat products, Vegetables and fruits, canned foods.
September	02.09.24- 07.09.24	Factors affecting the growth of microorganisms in food – intrinsic (nutrient content, pH and buffering capacity, redox potential, antimicrobial constituents, water activity), extrinsic (relative humidity, temperature, gaseous atmosphere).
	09.09.24-14.09.24	Microorganisms as food: single cell proteins, Mushrooms. Role of microorganisms in fermented foods: bread, vinegar, yoghurt, cheese fermented milks, beer, wine and genetically modified foods.
	16.09.24-21.09.24	Normal Micro flora of Human body – Skin, Eye, Nasal Cavities, Mouth, Intestinal tract (brief introduction).

	24.09.24-30.09.24	Food borne diseases - symptoms and methods of prevention and control of following food borne diseases: Bacterial agents: Salmonella, Staphylococcus, Clostridium, E. coli, Vibrio
October	01.10.24-05.10.24	Fungal agents: Aspergillus, Fusarium, penicillium.
	07.10.24-12.10.24	Viruses Polio, Hepatitis.
	14.10.24-19.10.24	Protozoa: Giardia, Entamoeba
	21.10.24-26.10.24	Morphology, cultural and biochemical characteristics of Salmonella, Staphylococcus, Clostridium, E. coli, Vibrio cholerae, Streptococcus lactis, Lactobacillus, Saccharomyces cerevisiae.
	28.10.24-31.10.24	Diwali Vacations
November	28.10.24-03.11.24	Diwali Vacations
	04.11.24-09.11.24	Microbiological criteria for food testing and Quality control. The HACCP system and food safety used in controlling microbiological hazards.
	11.11.24-16.11.24	Food sanitation – Microbiology of food plant sanitation, water and milk testing
	18.11.24-23.11.24	Revision and Doubt clearance
	25.11.24-30.11.24	Solving old question papers and Mock Tests

LESSON PLAN

Session: 2024-25

Paper: Advanced Nutritional Bio Chemistry -I

Name of the faculty: Gurpreet Kaur

Class: M.Sc. FN Semester 1

Paper code: M24-FND-102

Month	Week	Topics to be covered
July	25.07.24-27.07.24	Concept of free energy, Oxidation and reduction, Concept of cell
	29.07.24-30.07.24	High energy compounds (ATP, PEP, and Phosphogens), role of ATP/ADP cycle in transfer of high energy phosphates.
August	01.08.24-03.08.24	Concept of Coupled reactions, equilibrium and non-equilibrium reactions. Caloric homeostasis and futile cycles
	05.08.24-10.08.24	Introduction to carbohydrates Monosaccharides Stereoisomerism, optical isomerism
	12.08.24-17.08.24	Chemical reactions of the functional group, derivatives of monosaccharides Disaccharides of nutritional importance
	20.08.24-24.08.24	Starch, glycogen, cellulose, Pectin, glycoproteins Peptidoglycans, proteoglycans, mucopolysaccharides Glycobiology and glycomics.
	27.08.24-31.08.24	Definition, classification. Structure, Properties and functions of fatty acids (including essential fatty acids)
		Trans fatty acids, prostaglandins, acylglycerols, phospholipids, sphingolipids, glycolipids, steroids (including role of cholesterol).
September	02.09.24- 07.09.24	Chemical composition and biological role of lipoproteins.
		Characterization of fats- saponification, iodine, acid, acetyl and peroxide value. Revision and test
	09.09.24-14.09.24	Common structural features, classification based on the nature of R group, non-protein amino acids, essential amino acids.
		Titration curves of monoamino - monocarboxylic and its derivatives acids. Chemical reaction of amino acids
		Peptide bond, biological role of protein and classification of proteins
Revision		
16.09.24-21.09.24	Levels of protein structure- primary, secondary structure of proteins: Alpha helix and beta sheets; 310-helix, 3.613-helix, 4.416-helix, Collagen helix and	

		<p>other types of helical structures; Super secondary structures; tertiary and quaternary structure, forces stabilizing protein structure.</p> <p>Denaturation and renaturation of proteins, protein conformation and diseases.</p>
	24.09.24-30.09.24	<p>Enzymology- General Characteristics, classification and nomenclature, coenzyme, cofactor, prosthetic group, concept of holoenzyme and apoenzyme, units of enzyme activity.</p>
		<p>Multienzyme systems and multifunctional enzymes with specific examples and significance.</p>
October	01.10.24-05.10.24	<p>Enzyme kinetics- Michaelis-Menten and Lineweaver-Burk equation for monosubstrate reactions, K_m, k_{cat} (turnover number), bisubstrate reactions</p> <p>Revision and tests</p>
	07.10.24-12.10.24	<p>Sessional tests</p> <p>Classes of hormones.</p> <p>Signal transduction and intracellular messengers.</p>
	14.10.24-19.10.24	<p>Chemistry, functions mechanism of action of thyroid, parathyroid, adrenal, pancreatic, gastric, and reproductive hormones, hypothalamus and pituitary, hormone replacement therapy.</p>
	21.10.24-26.10.24	<p>Regulation of growth hormone, ADH, oxytocin, thyroid hormones, mineralocorticoid, glucocorticoid, insulin, glucagon, parathyroid hormone, and male and female reproductive hormones.</p>
	28.10.24-03.11.24	<p>Diwali Vacations</p>
November	04.11.24-09.11.24	<p>Nucleic Acids- DNA/RNA bases, Nucleosides, Nucleotides, oligonucleotides; Structure and properties of purines and pyrimidine bases; structure and functions of nucleotides.</p>
	11.11.24-16.11.24	<p>Experimental proof of DNA and RNA as genetic material, Chargaff's rules, double helical model of DNA (A, B and Z), DNA packaging, types of RNA and their functions</p> <p>Nutrigenomics and Nutraceuticals</p>
	18.11.24-23.11.24	<p>Group Discussion</p>
	25.11.24-30.11.24	<p>Revision and Tests</p>

LESSON PLAN

Session: 2024-25

Class: BSc HSC 1st Sem

Subject: Consumer Education

Paper code: B23-HSC-104

Teacher In charge: Dr Vandana Singh

Month	Week	Topics to be covered
July	25.07.24-26.07.24	Orientation
	27.07.24-29.07.24	Introduction to the curriculum, Tools and Equipments
August	31.07.24-05.08.24	Household equipments : Types of equipments
	07.08.24-13.08.24	Factors affecting requirement of household equipments
	14.08.24-19.08.24	Kitchen appliances
	21.08.24-26.08.24	Kitchen appliances
	28.08.24-2.09.24	Kitchen appliances
September	04.09.24-09.09.24	Care and usage of household equipments
	11.09.24-17.09.24	Refrigerator, Washing Machine, Electric Iron
	18.09.24-24.09.24	Cooler, Microwave Oven, Dishwasher, Geyser
	25.09.24-30.09.24	Consumer Education, Revision
October	02.10.24-07-10.24	Consumer Rights, Consumer Responsibilities, Problems of consumer
	07.10.24-16.10.24	Conditional Tests
	17.10.24-21.10.24	Consumer Protection Agencies: Research Centre(CERC), Federation of consumer organization in Tamil Nadu(FEDCOT)
	25.10.24-26.10.24	Consumer Protection Agencies: Citizen consumer and civil action group. Consumer guidance society of India(CGSI), Consumer unity of trust society
	28.10.24-02.11.24	Diwali Vacations
November	04.11.24-09.11.24	Tests and discussion
	11.11.24-16.11.24	Revision and tests
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session: 2024-25

Class: BSc HSC 3rd Sem

Subject: Life Span Development-1

Paper code: B23-HSC-303

Teacher In charge: Dr Vandana Singh

Month	Week	Topics to be covered
July	25.07.24-26.07.24	Orientation
	27.07.24-29.07.24	Introduction to the curriculum. Life span development during prenatal period.
August	31.07.24-05.08.24	Conception and stages of prenatal development
	07.08.24-13.08.24	Signs and discomforts of pregnancy, Teratology and hazards to prenatal development
	14.08.24-19.08.24	The Birth Process: Stages, types
	21.08.24-26.08.24	Complications during delivery, Physical characteristics of neonate, reflex actions, screening tests for newborn
	28.08.24-2.09.24	Developmental milestones of infancy: Physical and motor development
September	04.09.24-09.09.24	Social and Emotional development
	11.09.24-17.09.24	Cognitive and language development
	18.09.24-24.09.24	Rearing and care of infant- feeding, weaning, sleeping, bathing and toilet training
	25.09.24-30.09.24	Common diseases and immunization during infancy, Parenting styles and family ecology
October	02.10.24-07.10.24	Developmental milestones of early Childhood(3-6 years): Physical development, Motor Development
	07.10.24-16.10.24	Conditional tests
	17.10.24-21.10.24	Social and emotional development, Cognitive and language development
	25.10.24-26.10.24	Role of family, peers, and multimedia in socialization of a child
	28.10.24-02.11.24	Diwali Vacations

November	04.11.24-09.11.24	Advantages of mobile phones and television in a young child's life
	11.11.24-16.11.24	Revision and tests
	18.11.24-23.11.24	Revision and tests

LESSON PLAN

Session: 2024-25

Class: BSc HSC 5th Sem

Subject: Early Childhood Education and Children with

Paper Code:303

Special needs

Teacher In charge: Dr Vandana Singh

Month	Week	Topics to be covered
July	25.07.24-26.07.24	Orientation
	27.07.24-29.07.24	Introduction to the curriculum.
August	31.07.24-05.08.24	Importance, objectives and scope of Early Childhood Education
	07.08.24-13.08.24	Early childhood Education centers: Play centers, Daycare, Montessori, Kindergarten, Balwadi, and Anganwadi.
	14.08.24-19.08.24	Historical development of nursery school education - Rousseau, Pestalozzi, Froebel
	21.08.24-26.08.24	Historical development of nursery school education - Montessori, Gandhi, Tagore
	28.08.24-2.09.24	Principles of Preschool Programme Planning
September	04.09.24-09.09.24	Selection of Indoor and Outdoor Equipments
	11.09.24-17.09.24	Special Children- Definition, Types/classification, Labelling, Integration
	18.09.24-24.09.24	Causes of disability, General characteristics of Special Children,
	25.09.24-30.09.24	Special Education- Aspects and importance
October	02.10.24-07-10.24	Mentally Retarded Children- Definition, Types/classification, characteristics, identification, Educational provisions and modification of environment.
	07.10.24-16.10.24	Conditional Tests
	17.10.24-21.10.24	Visually Disabled and Orthopedically handicapped Children- Definition, Types/classification, characteristics, identification, Educational provisions

		and modification of environment.
	25.10.24-26.10.24	Deaf, Cerebral Palsy- Definition, Types/classification, characteristics, identification, Educational provisions and modification of environment.
	28.10.24-02.11.24	Speech Disorders- Definition, Types/classification, characteristics, identification, Educational provisions and modification of environment. Welfare Programmes for children with special needs.
	04.11.24-09.11.24	Counseling and therapy for children with special needs.
November	11.11.24-16.11.24	Revision and class tests.
	18.11.24-23.11.24	Revision and class tests.