

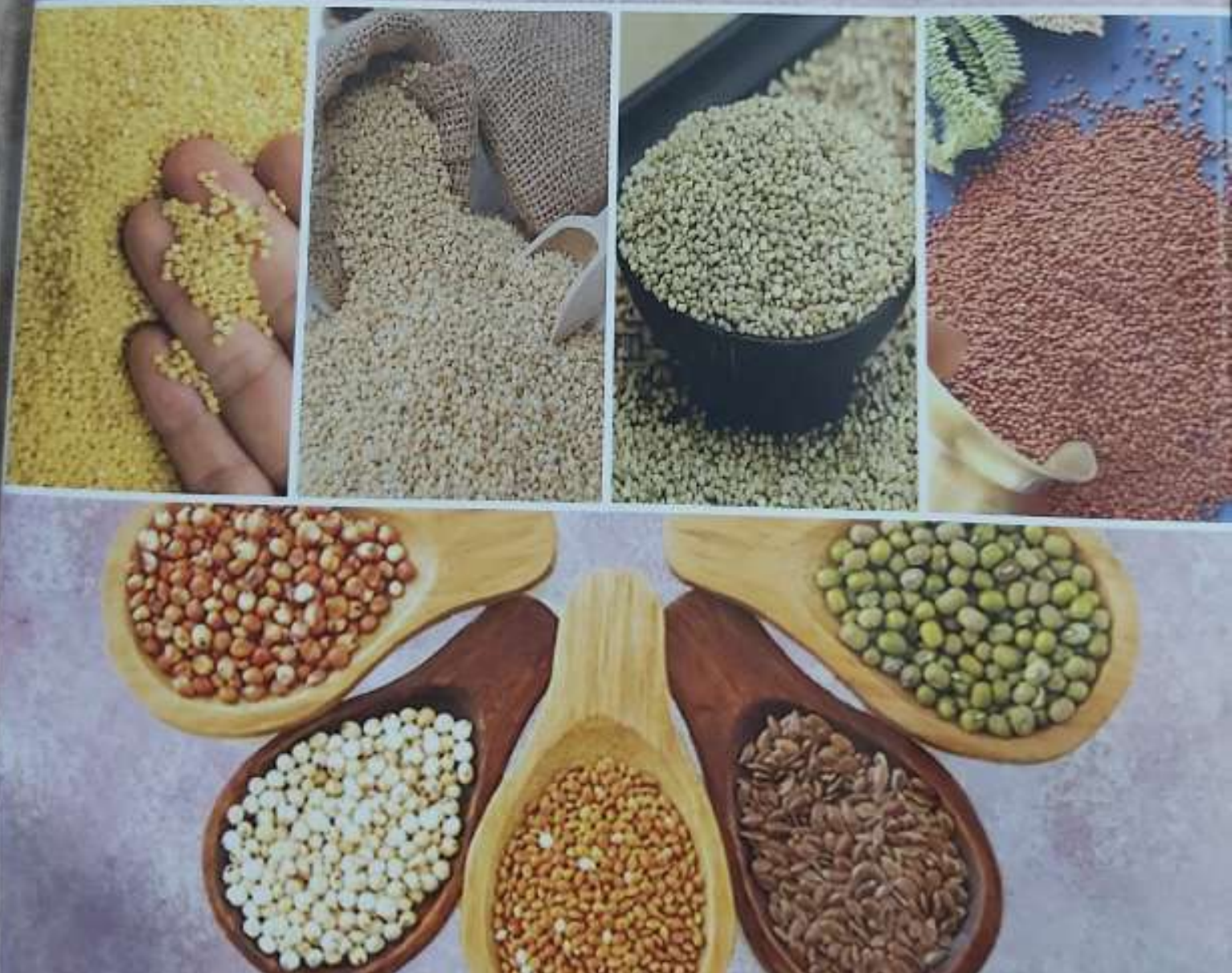
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Millet

Food for Future

Anamika Chauhan
Prabhjot Kaur



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Millet: Food For Future

By : Dr. Anamika Chauhan & Dr. Prabhjot Kaur

5.

Biofortification of Millets: Curbing the Nutritional Insecurity

Ruhi Grewal¹, Tarvinder Jeet Kaur²

Introduction

Global Hunger Index (GHI) 2022 ranking, positioned India at 107 out of 121 countries which highlights the pathetic hunger condition of country depicting not only food fragility but also determining the nutritional insecurity which subsequently is accountable for the worsened nutritional status. Food deficient causes the nutritional adversity that impacts the health and well being of population. Deficiency of essential food ingredients, which are the supreme sources of macro and micro nutrients, can perturb variant life cycles nutritionally from childhood to adolescence to old age giving rise

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